My footy coach used to yell a lot. He was of European extraction and football (soccer) was his way of life. Every missed goal attempt heralded a flurry of Italian words – most of which I dared not repeat. We did not have to ask. The expression on his flushed face and the prominent veins protruding from his forehead told us that they were not suitable words for church. I was worried that my next failed attempt at planting the ball past the goal-keeper would precipitate an aneurism in the coach. Pressure! At least there were positives as well. The despair at any missed attempt was balanced with a flurry of happy Italian adjectives in front of the word goal, (magnifica, superbo, eccellente, straordinario, splendido, magnifico; grandioso, imponente, maestoso) and an elevated bear hug and drop that tested my 8 year old rib cage. A particularly great goal would elicit many of these words together.

The yelling got to me a bit on a bad day – but nothing that required therapy. It was just a game. I yelled support for my wife and girls as they played netball. Support only – of course – no Italian swearwords. There would certainly be restitution for any negativity later and I am not a brave man.

Our teachers are encouraged not to yell. Of course they are human and can lose their cool but it is rare and more of an “I mean business” raised voice than a yell.

Yelling in a family or social setting should be avoided. If it happens, then a parent or teacher needs to be real about the act and real about the consequences. A reality check should conclude that “I wasn’t disciplined. I am the adult and the example, yet I failed to control my emotions in a way that my children could emulate”.

Here are some ideas care of “Parenting ideas” and www.markbrandenburg.com

- Recover quickly – show them how to be resilient.
- Apologize, but don’t overdo it – So as not to create a victim mentality in your child.
- Avoid blaming them – It’s easy to blame your kids when you’re angry. Avoid saying, “You made me angry.” You’re responsible for your anger. Teach them this.
- Process the incident with them.
- Don’t beat yourself up – Don’t imagine your kids twenty years from now telling their therapist how you ruined their life! Kids recover. Don’t baby them. Keep working on yourself.

Emerson, once said, “When a man lives with God, his voice shall be as sweet as the murmur of the brook and the rustle of the corn.” Ladies too.

My dad once said, “Put your mind into gear before you let the handbrake off your tongue’. Surrounded by great literary minds I guess.

Mark Brandenburg MA, CPCC, is the author of 25 Secrets of Emotionally Intelligent Fathers http://www.markbrandenburg.com/father.htm
Do you have problems with your anger? Try “What are You Waiting For? Ten Steps to Anger Management for Men” at www.markbrandenburg.com/angermanagement.htm.
FROM THE COLLEGE OFFICE

With only four weeks until the end of term, I am aware that everyone's time is becoming more and more precious! Below is a check list of items you should consider before the end of term.

TO DO LIST:

- Submit 2015 Enrolment Forms (if you have a child intended to start in 2015. ESPECIALLY if that child is due to commence Kindergarten)
- Submit 2015 Scholarship Form online and to the College Office (if you have a child wishing to apply for an Academic, Music or Dance Scholarship commencing in 2015).
- Write names on all items of uniform, re-write names that have become faded.
- Collect family photos from College Office.
- Submit 2014 WOOSH Application Forms. New applications must be completed every year.

IMPORTANT DATES:

- Last Day of Term: Thursday, 12 December
- First Day of 2014 for Transition, Kindergarten, Years 7,11 and 12: Thursday, 30 January 2014
- First Day of 2014 for all other Years: Friday, 31 January 2014
- Scholarship Closing Date: Monday, 10 February
- Enrolment forms for 2014 & 2015: ASAP

Mrs Christine Mozejko
Development Manager

THANK YOU TO OUR WONDERFUL SPONSORS

Ireland’s Machinery Mittagong
Applications for WOOSH (After School Care) for 2014 are now available at the Office. Please note that a new application form must be completed every year for all students wishing to attend. Priority is given to the younger College students.

Mr Jonathan Shaw  
College Administrator

<table>
<thead>
<tr>
<th>SCHEDULE OF CHARGES 2014</th>
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<tbody>
<tr>
<td>Permanent Bookings</td>
</tr>
<tr>
<td>Term Rate (when a permanent weekly booking is made a term in advance)</td>
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</tbody>
</table>

Permanent Bookings apply for the ‘whole term’ and will continue for the ‘entire year’ unless notified.

<table>
<thead>
<tr>
<th>Casual Bookings</th>
<th>2.30 pm – 5.00 pm</th>
<th>2.30 pm – 6.00 pm sharp</th>
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<tbody>
<tr>
<td>Casual Day Rate</td>
<td>$10.00 per day</td>
<td>$17.50 per day</td>
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**Desperately Seeking Sponsors**

**Wanted:** A Sponsor for the printing of the P&F Business Directory. Printing costs are $1500.00. In return the sponsor gets a full colour advertisement on the back cover as well as a listing within the directory.

People keep their directories for ages so the advertising has a long lifespan. If we have more than one sponsor, they share the rear cover.

This is a great opportunity. If you know anyone who may be interested please contact me on pandfpresident@wac.nsw.edu.au or 0422 973 082

Mrs Danielle Turner - P&F President

**Thank you to our Sponsors**

- NU-ERA Homes
- TAHMOOR COAL
- xstrata
Elevate Leadership Program
On Friday, 8 November four students in Year 12 attended the final day of the Elevate Leadership Program. I would like to commend Thomas Hart, Andy Hvejsel, Isabella Ainsworth and Tammy Nelson on their involvement in and contributions toward this program.

The students listened to talks from young leaders, participated in group sessions and were involved in a scavenger hunt on the grounds of the University of Wollongong. The students have gained much from involvement in this program and are keen to translate this into their work in student leadership here at the College.

RFS Support
On Tuesday, 12 November the College held a Coin Line donation to support the work of the Rural Fire Service. Students were asked to bring in a gold coin to form a Coin line as a way of showing their appreciation for the work of the RFS in the recent bushfire situation. The College raised an impressive $1,400.00 which will be presented to the RFS at an upcoming assembly. The winning House on the day, with both the longest coin line and the most money donated was Acacia.

Members of the RFS were invited to the College to have a morning tea to further acknowledge their work in the local area and beyond. It was a great opportunity for the College to thank the RFS for their work in fighting the fires, protecting property and preventing against loss of life.

Term 4 Working Bee
The Term 4 College Working is fast approaching. It will take place on Saturday, 23 November from 8.00 am -4.00 pm. It is a great opportunity for students and parents to make a small contribution to the upkeep of our College grounds. It is recognised that people live very busy lives but a small contribution of time is greatly appreciated by all who can come along and do what we do well at Wollondilly; that is build community.

I would like to acknowledge the students who have attended Working Bees already in 2013 and encourage those who haven’t to make this their first. It would be great to end the year with a really strong attendance to support the efforts of the earlier Working Bees this year. On arrival at the College please sign in at the Cafeteria, then touch base with Mr Schroder and he will point you in the right direction in terms of where you can help.

Mr Liam Toland
Director of Pastoral Care T-12
Those who braved the initial wind and chill of Tuesday, 5 November were treated to a fantastic day on the course.

Thanks to Rev Rob Meischke for warming us all with a delicious breakfast bbq before events commenced. Once we were back at the club house it was a yummy lunch, auctions, fashion parades and prize time. Thanks to our generous sponsors, golfers and ladies who attended lunch, we raised $6,048.00, to assist with minimising fees for 2014.

Special thanks also goes to Fred Schroder and Christian Dubois for their help setting up and packing up, Dave Scrimgeour and Richard Woods for their help making the day a great success and our volunteers Kathy Trent, Kerstin King and Shirley Pearson.

Special thanks to Colleen Maihi, Rhonda Hay and Jonathan Shaw for their assistance in making the day happen. Golf Day is a challenge to coordinate with minimum numbers, multiple competitions, limited carts etc. Not only did Pam Egan juggle all this with calm smiles, she also managed to increase numbers to include teams from West Tigers, The Wollondilly Mayor and 2MCR.

Thanks Pam for a fabulous fundraiser!

Mrs Danielle Turner - P&F President
Reminder: Overdue Library Books - All students in Years 7-10 need to return any overdue library books on Monday, 18 November.

Textbooks Years 7-10 - All textbooks, English texts and cds are due back to the IRC on or before Monday, 2 December.

Scholastic Bookclub - This is the last issue of the Bookclub for this year. (Issues 7 and 8 have been put together). All orders need to be returned to the office by the Thursday, 21 November. This will enable us to get the orders back before Christmas breakup.

Mrs Louise Saint-John
IRC Coordinator

ICAS MATHEMATIC COMPETITION

The results for the ICAS Mathematics Competition have been released. A number of students at the College participated. Overall the College received 35 Credits and 6 Distinctions.

The following students received Credits in the Secondary School:

Jacob Hall
Dylan Hyslop
Ellie Moore
Samuel Napier
Noah Sarkis
Jackson Stone
Haydn Urquhart
Amy Bennison
Jessica Bethune
David Clark
Jason Davies

Alexandra Gaidzionis
Tom Lindsay
Cameron Majewski
Elsie Taylor
Andrew Russell
Genevieve Woods
Benjamin Spooner
Mitchell Jones
Lucy Mills
Stephen Burrett

The following students received Distinctions:

Murray Jobbins
Isaac Kiley
Gabrielle Apps
Kathryn Beale
Kye Madden
Alexander McInnes

Congratulations to all these students!

Mr Tim Hicks
Mathematics Coordinator
TERM 4 — WORKING BEE

Just a reminder that our Term 4 Working Bee is happening from 8.00 am Saturday, 23 November and it would be great if you could come and help us knock over some of the jobs which need completing.

- The garden in front of the Admin building as well as the rose garden needs cleaning up.
- Two small granite pathways between the two sections of the Flynn carpark can be finished.
- The gardens around the College can be tidied up.
- Mulch can be added to the gardens.
- The College carpark gutters can be swept to rid them of leaves which can then be put on the gardens as compost.
- Rubbish can be picked up around the College field as well as other areas.
- There are lots of books to cover in Flynn 2 across the bridge from 9.00 am.

Between now and then there could be more jobs found that need attending to so don’t forget as we only have a limited supply of gardening tools and equipment is important that you bring your own gardening tools, gloves and anything else you think might help on the day.

Come along on the day and enjoy the company of others while working to make our College shine for another term.

As always Morning Tea will be provided by the Wollondilly Anglican Community Church and lunch will be provided by the P&F so come along with your tools and smiles with the intention of enjoying yourselves on the day.

Mr Schroder
Property Manager

SPEAKING SPECTACULAR - YEARS 3 TO 6

The finals of the Years 3 to 6 Speaking Spectacular will be held on Tuesday, 19 November in the Warne Auditorium.

All parents are invited to attend this wonderful showcase of students’ speaking talents, which begins at 1.30 pm. It is a great opportunity to hear students present their speeches and to support them.

Mr Michael Matthews
Primary Teacher

MAXIMUM SKATING

Maximum Skating at Smeaton Grange is offering WAC students a discount on Thursday, 14 November, the first Professional Development day.

Skate from 10.00 am—12.00 noon for $13.00 including skate hire, saving $4.50! ($10.00 if you bring your own skates. Mention that you are from WAC to receive the discount).
DESIGN AN AD COMPETITION

For the past three years students of Wollondilly Anglican College have participated in The Advertiser FairFax Limited 'Design an Ad' art and graphic design competition. The 'Design an Ad' competition has been awarded for the past 26 years, involving the participation of the community, students and local businesses.

Students are given a design brief for a local business and were asked to create an A5 advertisement without using a computer. The designs had to be made completely by hand using pencil, crayons, felt pens or any form of 2D art, other than digital graphics.

This year there were over 80 students from our College that participated and we were blessed to receive the news that two of our students are finalists. We would like to congratulate Rebekah Wales in Year 5 for winning 3rd place in the Primary Section for her hand drawn advertisement of Picton Sand and Soil.

Also our congratulation go to Caitlyn Gardiner in Year 8 for winning 1st prize in the Secondary Section, for her beautifully rendered pencil drawn advertisement of Century 21 Real Estate.

These students are featured in the current issue of the Wollondilly Advertiser, along with students from other local schools that participated.

Well done to all the students who participated and submitted an advertisement for the competition. As the 'Design an Ad' art and graphic design competition is an annual competition I would urge students to take up this opportunity again next year!

Mrs Belinda Taylor
Secondary Teacher
**PRESENTATION NIGHT**

Students from Years 5 to 8 are invited to audition for a solo spot in the Middle School Presentation night. Please see Mr Denley if you wish to audition.

**MUSICAL AUDITIONS**

Auditions for students from Years 7 to 11, 2014 will take place in Week 6. Please see the notices outside the Melba staff room for your audition time. Students in Years 5 and 6, 2014 will be auditioned by the primary staff, but as a general rule all primary students who audition will be part of the junior chorus for the show.

**ST MARKS CONCERT**

On Saturday afternoon the vocal and string ensembles led by Ms Bridge, Mr Grant and Mr Denley performed at St Marks Anglican Church in Picton. The ensembles were part of the annual concert to raise funds to maintain the historic organ at the Church.

The students performed three works, one sung in Latin, “Panis Angelicus” by the composer Cesar Franck. Please enjoy the photographs from the performance.

Well done to all our performers.

*Mr Simon Denley*
*Creative Arts Coordinator*
**SECONDARY SPORT**

This week MISA was cancelled due to the rain.

Next week in MISA Tuesday, 19 November, we play Macarthur, we will be playing some of the games at the College.

Oztag (Years 7 - 9 Girls & Boys) – WAC  
Volleyball (Years 10 -11 Girls & Boys) – WAC  
Cricket (Year 7 and Years 8&9) – Onslow, Camden

Mr Richard Madden  
Secondary Sports Coordinator

**PRIMARY SPORT**

Today is the final round for the IPSSO competition for this year. Next week we have at least one team through to the finals. A note will be distributed on Monday once all of the results have been finalised. If your son/daughter receives a note, would it be possible for this to be returned on Tuesday please? Due to the short week this week, it is important that these notes are returned the following day. Thank you.

We were very excited to learn late last week that our College has been allocated Mike Hussey as our local hero. Mike Hussey (or ‘Mr Cricket’ due to his knowledge about the game) played for the Australian Cricket Team. He is a well-respected player and this season he is playing for the Sydney Thunders. We look forward to following his progress throughout the 2013/2014 cricket season. More information will be displayed around Cook and Elizabeth.

**LIVE LIFE WELL @ SCHOOL**

Live Life Well @ School is a program that encourages schools to look at their PDHPE programs to promote a ‘whole school approach’ to positive physical activity and healthy eating. This is a joint initiative between the NSW Department of Education and Communities and the NSW Ministry of Health.

Recently we were notified that we have been successful in receiving a grant to further support our students in this initiative based upon an action plan specifically tailored for our Primary T-6 students. This grant will be used towards providing equipment and other resources.

Even before being notified of this grant, we have had access to learning modules, programs and other resources. This year, the children, across various sporting activities have already started looking at the 12 fundamental movement skills and this will continue into 2014 and beyond. In many of our classes, we already encourage a fruit stop mid-way through the morning session. Our College has been aware of the importance of healthy eating and physical activity.

Fact sheets on healthy eating and physical activities will be included in a further Waratah Weekly this year and during 2014. Stay tuned for some fun initiatives for the children during 2014.

Mr Stuart McIntosh  
Primary Sports Coordinator
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Red Days for Term 4 will be Monday, 2 December and Monday 9, December

Canteen Roster
Friday 15/11
Monday 18/11
Tuesday 19/11
Wednesday 20/11
Thursday 21/11
Friday 22/11
Monday 25/11
Tuesday 26/11
Wednesday 27/11
Thursday 28/11
Friday 29/11

Professional Development Day
Michelle Morris
Anne Woods
Susan Kellert
Hannah Warland
Judy Scholes
HELP NEEDED PLEASE
Michelle Clark
Kellie Bennett
Virginia Williams
Judy Scholes
HELP NEEDED PLEASE
Gina Webber
Lesley Bramich
Kerstin King

If you would like to put your name down for the Canteen roster we have vacant spots available. You can do half a day (8.00 am till 11.00 am) or (11.00 am till 2.00 pm) or a full day.

One, two, three or four days a term, whatever you can manage would be very much appreciated and lighten the load for our wonderful band of faithful volunteers. If you want an easier day choose a Monday, Tuesday or Wednesday.

Think healthy, Eat healthy, Live healthy!
Mrs Carolyn Richards
From time to time, families undergo trauma such as severe or terminal illness. There are support structures in place at the College to assist families during these times. Parents have kindly offered practical support such as meals for other families. Please continue to contact Mrs Hay or Mr Shaw at the College, to assist. Confidentiality will be respected when requested.

Gingerbread House Making Night: St Paul’s Women’s Group is holding its annual Gingerbread House Making Night, Saturday, 30 November at Anglican Hall. Tickets on sale until 21 November $25.00. For more information contact Lynnette 0458 343 280 or Jeanene 4684 2062. Supper provided.

Wollondilly Arts Group Annual Exhibition: Is being held at the Picton Shire Hall, Menangle Street on Saturday, 16 November to Sunday, 24 November 10.00 am - 4.00 pm. Grand Opening will be on Saturday, 16 November 1.00 pm - 3.00 pm. For more information please call 4683 0808.

Wirrimbirra Sanctuary Bargo Frog Day: Sunday, 17 November 10.00 am - 3.00 pm or a gold coin donation come along and see the Frogs, native gardens, plant nursery. Sit for the morning coffee and enjoy the food from the bbq and/or the café. For more information please call 4684 1112.

The Southern Highlands Christmas Fair: Will be on Saturday, 7 December and Sunday, 8 December from 9.00 am to 4.00 pm. At Southern Highlands Wines (corner of the Illawarra Highway and Oldbury Road, Sutton Forest). On the day there will be up to 200 Arts, Craft, Fashion, Homewares and Produce Stalls. The Fair requires stallholders who sell the following trees & shrubs, orchids, fruit & vegetables, vegetable seedlings, pottery & ceramics. For more information please call Phillip or Karen on 4868 2263.

Pride has come and gotten in the way of my life. It has stolen my life from me. Pride is a thief. Pride has formed me into an imposter, a charlatan. It has deceived my soul, imprisoned my spirit and made a ship-wreck of my days. Pride has scuttled too many of my relationships.

Pride is the deadliest of sin and the most difficult to see. It is the sister of self-promotion, and neither delivers good. Both spill out evil.

Pride cascades self-love across me in an anointing of Biblical proportions. This is to the expense of all others within my orbit.

Pride hardens this heart and blocks my spiritual arteries.

Pride suppresses the true self, but humility will liberate me.

Ring the bells that still can ring,
Forget your perfect offering,
There is a crack in everything,
That's how the light gets in. ~ Leonard Cohen

The movement from pride to humility occurs through the crack where grace gets in.

Simply, the difference between a proud person and a humble one is the torturous work of grace.

Today's Soul Snippet:
"The power of the Cross can reach past failure." ~ Wayne Jacobsen

Rev Geoff Taylor


November

Thursday 14  Student interviews 2015
PROFESSIONAL DEVELOPMENT DAY 1
Friday 15  Student interviews 2015
PROFESSIONAL DEVELOPMENT DAY 2
Saturday 16  Old Wollondillians – class of 2012 reunion
(Evening) Parents’ and Friends’ Executive function
Sunday 17  Council Function – Picton Botanic Gardens
Monday 18  Student interviews 2015
Tuesday 19  Student interviews 2015
(Evening) 10 Year staff function
Wednesday 20  Student interviews 2015
Thursday 21  Student interviews 2015
Friday 22  Student interviews 2015
(Evening) Parents and Friends Executive meeting
Saturday 23  Term 4 Working Bee
  Staff Christmas Dinner

Calendar Update

Thursday 14, Friday 15 November  PD Days
Saturday, 23 November  Working Bee

Dates to Remember!

Thursday, 14 November  PD Day Staff (pupil free)
Friday, 15 November  PD Day Staff (pupil free)
Saturday, 23 November  Working Bee
Tuesday, 3 December  Junior Presentation Night
Tuesday, 10 December  Senior School Presentation Night
Wednesday, 11 December  Middle School Presentation Night

Wollondilly Anglican Community Church (WACC) meets in the Clifford Warne Auditorium

For I am persuaded that not even death or life, angels or rulers, things present or things to come, hostile powers, height or depth, or any other created thing will have the power to separate us from

Our family knows a lot of people in and from the Philippines, so we’ve been praying for that country a lot this week. And yet, while we are saddened by the loss of thousands and disturbed by the impact on millions, we are determined to support the recovery, because we know that God's love is stronger than the strongest wind and greater, even, than death itself. Please consider being a part of sharing God’s love by supporting the relief efforts.
Psalm 127:1 Unless the Lord builds the house, its builders labour in vain.

Excellence, Endurance, Eternity.

This week’s Pretend Headmaster Brigette Ryall (KC) is helping Mrs Cook count all the money donated by the College to the RFS!

Prayer Points

Thank God

- For Parents and the love that they show.
- For our Kids
- That He sees us for who we truly are and loves us anyway
- For 2013 and the 10 years before it
- For the selfless community service of the R.F.S Brigades

Ask God

- To help us to control our words and the volume of our voice
- For a smooth end to the year
- For patience and forbearance as all of the end of year celebrations are put together by some hard-working people.