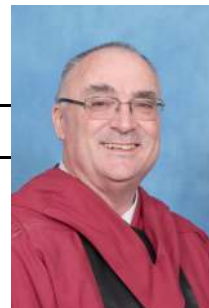




THE WARATAH WEEKLY

Endless is the Victory



Looking for a job?

Here are seven things to avoid when looking for a position; seven answers that required a little more thought; seven tips for a successful interview (modified from the NRL School to work Newsletter).

None of these things were terminal but they did not help

1. The handshake that felt like gripping warm playdoh.
2. The person who answered his mobile phone, "Not now - I'm in the interview right now - yes, so far so good - OK - see you - don't forget it's bin night."
3. The scratcher.
4. The lady who kept calling me Roger.
5. The apology: Sorry I'm late but I did not realise that Wollondilly was past Sydney.
6. The applicant for a teaching position in a Megadeth T-Shirt and ripped jeans.
7. The inquiry: Does the position require Working With Children? I don't like them much. I am more of a dog and cat person.

Here are seven answers to avoid

1. Q: So what attracts you to the College? A: I'm not sure. I am looking at a few schools.
2. Q: In the job information sheet you would have seen the five things that we stand for. How would you incorporate these in the workplace? A: Can you tell me what they are again?
3. Q: We are a Christian school. How does Jesus influence your life? A: Jesus seems like a good fellow but I'm not sure how Jesus Christ fits into Christianity.
4. Q: What would you say are your strengths and weaknesses? A: I do not have any.
5. Q: What particular aspect of the position description appeals to you? A: Probably most of it, but there are a few things that you will need to change if I decide to come.
6. Q: Do you have any questions to ask us? A: Yes. I have a nice car. Can I have a covered car space?
7. Q: Why did you become a teacher? A: I looked at the Army and Journalism but teaching has better sick leave and holidays.

And to finish, seven tips to improve your chances

1. Research the company: What are the key things that they stand for.
2. Arrive 10-15 minutes early.
3. Dress appropriately.
4. Come prepared. Have your resume. Know the position description.
5. Act appropriately. Turn your phone off.
6. Smile. Make eye contact. Have a firm handshake.
7. Practice some of the answers to questions that you anticipate with a friend or family member beforehand.

As my old Scout Master used to say ...

Be prepared!



SAVE THE DATE!

Tickets for 'We Will Rock You' will go on sale on Monday, 8 April 2019.

Please follow the link to book your tickets.

<https://www.trybooking.com/BAYUP>

Make sure you book early, as we are sure to sell out!

All enquiries to the College office on (02) 4684 2577.

The poster features a dark background with a large, stylized title 'WE WILL ROCK YOU' in a bold, orange-to-yellow gradient font. A silhouette of a person in a dynamic pose, possibly a dancer or performer, is integrated into the letter 'R'. The background is decorated with several gold stars of varying sizes. At the top, the text 'Wollondilly Anglican College' is written in a white serif font, followed by 'Presents' in a smaller, italicized script, and 'Musical Spectacular' in a large, elegant script font. Below the title, the words 'SAVE THE DATE' are prominently displayed in a large, white, bold sans-serif font. Underneath, '7.00 PM WARNE AUDITORIUM' is written in a bold, orange sans-serif font. The bottom section of the poster lists the performance dates in a bold, yellow sans-serif font: 'TUESDAY 7 MAY 2019', 'THURSDAY 9 MAY 2019', 'FRIDAY 10 MAY 2019', and 'SATURDAY 11 MAY 2019'. The entire poster is framed by a dark border with gold stars at the corners.

Wollondilly Anglican College
Presents
Musical Spectacular

WE WILL ROCK YOU

SAVE THE DATE

7.00 PM WARNE AUDITORIUM

TUESDAY 7 MAY 2019 **THURSDAY 9 MAY 2019**
FRIDAY 10 MAY 2019 **SATURDAY 11 MAY 2019**

FROM THE DEPUTY'S DESK



Balancing Extra-Curricular Activities for Flourishing Kids

Busyness seems to have become a way of life for modern families. It's unlikely you'll ever hear a parent talk of having plenty of free time on their hands. Unfortunately, that's a statement unlikely to be heard from a lot of modern-day kids either. The afternoons on family calendars are increasingly filling up with organised after-school activities, and in families with multiple children the logistics of keeping up with all this can be complicated. The strain of ferrying children back and forth, often in different directions, saps families of energy, resources and time.

We have great intentions

Recent research from the United Kingdom found that the desire for children to succeed is a strong driver for many parents, sometimes causing them to load their children up with extra-curricular activities. While the intentions are good, the method of keeping kids busy is probably questionable. Other reasons for encouraging extra-curricular activities include: giving kids the best start in life, making friends, keeping fit and healthy, developing interests and preventing boredom. Anecdotal evidence suggests the findings are similar in Australia.

The cost of busyness

We live at a time where rates of mental illness, particularly anxiety, are climbing. One in seven Australian children have a diagnosed mental illness. That's three in an average classroom. Many more go undiagnosed. Rushing to activities, late nights and stressed parents aren't the conditions for family members to enjoy flourishing mental health. Too many organised activities detract from time to hang out with friends, to comfortably complete homework tasks, to spend time with family, to get bored and, importantly, to simply play.

Free play is serious business

Author and research professor of psychology Dr Peter Gray attributes the rise in anxiety, depression, suicide and narcissism among children to the decline of play. Unstructured play is vital for the healthy development of children and teenagers. Through play kids learn to interact with others, develop physical skills necessary for school success and gain confidence they need to interact with peers.

How much is too much?

Some children can cope with busy schedules, while others flounder. As a rule of thumb, if your child or young person is struggling in any of these three areas: i) mental health, ii) schoolwork and studies, iii) their participation in family-life then it may be time to reduce their extra-curricular load.

Choosing the activities to omit from a schedule can be tricky, as your child or young person may have a different motivation for each. In short, each activity can be 'the one they love.' Here's a good question to ask your child or young person that can make decision-making easier:

'If all of your after-school activities were cancelled, which one(s) would you plead with me to re-enrol you in?'

Their answers will reveal a great deal about their commitment to each activity. Ideally, kids should be choosing extra-curricular activities that nourish them rather than cause anxiety and stress. Aim for two activity-free nights each week so that your child or young person can meet their study and family commitments. The same principle for balance holds true for weekends. Make sure your kids enjoy some time free from structured activity, so they can refresh and recharge, ready for the week of school that lays ahead

Dr Jodi Richardson (www.parentingideas.com.au)

Mr Ian Croger
Deputy Headmaster

Gold and Silver Adventurous Journey

This journey will take place for **Gold level students in Year 12** on Thursday, 16 May to Sunday, 19 May 2019 on the Great Northern Walk from Circular Quay to Berowra.

The Silver Level group journey will occur from Thursday, 16 May (after College hours) to Sunday, 19 May from Lane Cove Caravan Park to Berowra.

The permission forms for the Gold and Silver Journeys are to be completed and returned to the College Office by Thursday, 4 April.

Students will only be able to attend the event if they have completed all the necessary documentation regarding their Duke of Edinburgh Award registration.

PASTORAL CARE T-12



Community Service - Family Chapel

This is a great opportunity to come together and hear God's word. Our House Captains will be on hand to welcome you on the evening. Please bring along a gold coin donation or non-perishable food item to Donate (see below the types of foods required). This will be tallied based on House and be added to the Overall House Shield. This collection and food will support families in need within our local community. All students and parents are encouraged to come along on the evening and all student leaders Years 6-12 should be in attendance.

Reminders for the night:

- Ensure that you have your name marked off by your class teacher for Primary and Year Patron for Secondary on the night. Primary staff will be up the front at the end of the night, Secondary Year Patrons will be at the back of the Shoulder to Shoulder Shelter.
- All students are to sit with their parents on the Evening. If for some reason a student is attending without parent supervision, they must sit in the designated area where supervision will be provided by staff.
- At no time are students to stand on the chairs, this is a safety concern that we ask parents to address.
- It is important to remember that whilst students, staff or guests are speaking at the front of the Chapel it is respectful to ensure that people are listening and not talking.
- Please turn off mobile phones during the service.
- Students performing as part of the Service need to return immediately to be seated beside their parents following their performance.
- All help to reset the Shoulder to Shoulder Shelter at the end of the evening is greatly appreciated, directions will be provided on the night.
- Bring along a non-perishable food item or gold coin donation to support local families in need.
- House Captains, College Captains and Prefects please arrive at the College by 6.30 pm to assist with formal duties prior to Family Chapel.

Mr Liam Toland

Director of Pastoral Care T-12

Food Items Needed for Meal Making for WAC Cares Ministry

- Rice
- Instant Mashed Potato
- Tins of Tomatoes, Cannellini Beans, Kidney Beans, Butter Beans, Vegetables, Tomato Paste, tuna (large), salmon (large), Coconut Milk or Cream
- Jars or packets of Cooking Sauces (eg Chicken tonight, stir through sauces, pasta sauces), Curry Pastes, Chicken/Beef/Vegetable Stock

The above items will earn three points per item toward the House Shield Competition

Other items such as baked beans, tinned spaghetti, chunky tinned soups, beetroot, whilst welcome are difficult to use in cooking meals but may be used in hampers.

These items will earn one point per item toward the House Shield Competition

COLLEGE ACRONYMS

An acronym is a word or name formed as an abbreviation from the initial components in a phrase or a word, usually individual letters (as in NAPLAN).

The following acronyms and definitions are frequently used at the College:



Acronym	Meaning
TASC	The Anglican Schools Corporation
NESA	NSW Education Standards Authority (Previously Board of Studies)
AHISA	Association of Heads of Independent Schools of Australia
AIS	Association of Independent Schools
HICES	Heads of Independent Co-Educational Schools NSW & ACT
CIS	Combined Independent Schools (Sport pathway to State and National level)
AICES	Association of Independent Co-Educational Schools (Sport - Regional Level)
NASSA	New Anglican Schools Sports Association (Sport - College Representation)
MISA	Macarthur Independent Schools Association (Secondary Weekly Sport)
IPSSO	Independent Primary Schools Sporting Organisation (Primary Weekly Sport)
WASP	Wollondilly Anglican Sports Performance Academy
EDCOMM	Anglican Education Commission www.edcomm.org.au (Professional Body)
RoSA	Record of School Achievement
TVET	TAFE Delivered Vocational Education and Training
VET	Vocational Education and Training
WHS	Work Health and Safety
WWCC	Working with Children Check
NAPLAN	National Assessment Program - Literacy and Numeracy
HSC	Higher School Certificate
ICAS	International Competitions and Assessments for Schools
IRC	Information Resource Centre
VTR	Variation to Routine
WAC Cares	Wollondilly Anglican Community Cares
DOE	Duke of Edinburgh's Award Scheme

PASTORAL MATTERS - MIDDLE YEARS 5-8



The following information can help if you are concerned about your child's mental health

- You're worried about your child's mental health, but are not sure if it's serious enough to get help.
- You want to know how to get help for your child's mental health.
- You want to know what kind of help is available.

The good news is that there are a lot of options for help and support depending on what your child's needs are, and what they are ready for. Getting help early will give your child the best chance of managing mental health problems before they become more serious.

Get help early

Most mental health difficulties first appear between the ages of 11 to 25, while the brain is going through a process of rapid development. Around 1 in 4 young people have experienced a mental illness by the time they are 25. It's important to look out for signs of mental health or emotional problems in your child from an early age. When mental health conditions are treated and managed early, the episode of illness is likely to be less serious and have a shorter duration.

Mental health conditions are generally episodic, which means that your child will likely experience periods of being unwell in between stretches of time where they function well. Learning to spot the signs and symptoms of your child's mental health problems early will mean that you'll have the best chance of managing the illness and getting them the help and support that they need. Unfortunately, only around 30% of young people who experience psychological distress actually get the help that they need. This can be due to a number of reasons, including:

- Not accepting they may have a mental health difficulty
- Not believing their problem is significant enough to warrant help
- Unwilling to disclose their problem because of the stigma attached to mental illness
- Lack of belief that anything or anyone can help
- Environmental factors like cost, distance, inflexible opening hours and long waiting times
- Close adults and friends not noticing or recognising the signs and symptoms and therefore not supporting the young person to seek help.

When to get help

Knowing when to get help for your child can be difficult. At times, the signs and symptoms of mental health problems can be similar to the 'growing pains' of being a teenager. It's not always easy to tell the difference between 'normal' teenager behaviour and when there might be something else going on.

Mental health difficulties will surface differently for everyone. There's no 'normal' and 'abnormal', except in relation to your own child's behaviour. As a parent, you have an important perspective, you've spent years with your child getting to know their patterns of behaviours and emotions. You're well placed to detect when your child's own 'normal' has changed. If the change is affecting your child's life negatively and they're not able to function effectively in daily life, it may be time to get help. Remember to trust your instincts, if you think there might be something wrong, it's best to find out.

What to do next

There are many different types of help and one way is not necessarily better than another. Different approaches will work for your child differently. Sometimes it's a combination of approaches that works best. The first thing to do is to have a conversation with your child and find out more about what's going on. Things to remember when having a supportive conversation:

- take it seriously, actively listen to what they are telling you
- be positive in approaching the situation and support them to take a first step
- be your child's greatest advocate in getting the right help for them
- be optimistic that you will get through this together

Even if your child doesn't open up at first, you'll have shown that you're concerned and willing to talk.

Once you and your child have acknowledged there may be a mental health difficulty going on, it's time to look at support options.

Mr Peter Hazlewood
Middle Pastoral Care Coordinator 9-12

ANZAC DAY - THURSDAY, 25 APRIL 2019

Anzac Day is a day of national significance and one that marks the anniversary of Australia's first major military action during World War I. This year Anzac Day will be observed on **Thursday in the second week of the April College holidays**.

Anzac Day is a major event in the life of the College and students are encouraged to join us as we remember the men and women who have sought to serve their nation in that first engagement and over many decades that have followed.



Those students who attend the services in their **full winter uniform** will be acknowledged with the receipt of a Community Service Award. There will be teachers present at the services and students should get their names marked off with staff.

Picton March

Assemble in the car park behind the Picton Hotel between 6.00 am and 6.15 am in preparation for the March which will commence at 6.30 pm sharp. As there will be a significant number of WAC students attending this march, it is asked that students please be prompt.

Parents of K-2 children are asked to collect their child at the gate of the park after the march, before the service commences. Please collect children quickly so staff members can participate in the Service.

Mr Toland, Mr Grant, Mrs Hay and Mr Hewitt will be attending plus a number of other staff.

Hill Top Dawn Service

Please meet at 5.45 am for the service to commence at 6.00 am at Hill Top Memorial Hall. April Ainsworth of Year 11 will deliver the address at this community service.

Camden Dawn Service

Please meet at 5.15 am at the Camden Bicentennial Equestrian Park Memorial, Cawdor Road, Camden. Service commences at 5.20 am. Mr Clarke will be attending.

Camden March

Those who would like to march are asked to assemble in Elizabeth Street between Mitchell and Elizabeth Streets from 10.00 am with the March commencing at 10.30 am. The March will then move to Camden Bicentennial Equestrian Park for the commencement of the Anzac Day Commemoration Service at 10.45 am. Ben Hardie of Year 12 will deliver the main address for this community service. Ms Valente will be attending.

Mittagong Dawn Service

Meet from 5.00 am at the Cenotaph, Hume Highway, Mittagong. Service commences 5.15 am. Mrs Miller will be in attendance.

Mittagong March

The March for Mittagong assembles at the Tourist Information Centre on the Old Hume Highway at 10.00 am for a 10.30 am start. Mr Hart will be attending

Thirlmere March and service

The March is being held Sunday, 28 April 2019. Meet for the March at 1.30 pm outside the tennis courts/Public School on Oaks Road, Thirlmere. The March commences at 1.45 pm and is followed by a commemorative service being held at Thirlmere Memorial Park at 2.00 pm. Mr and Mrs Croger and Mrs Rigg will be attending.

It is understood that students may attend a variety of services to commemorate Anzac Day, both locally and further afield. If a student attends a service and a photo is made available of them representing the College by wearing their full College uniform, they too will be acknowledged by receiving a Community Service Award.

Mr Doug Hewitt
Humanities Teacher

PERFORMANCE NEWS



Easter Presentations - Sharing The Word

Year 10 Drama students have been invited to lead at the SRE Easter services for Mittagong, Colo Vale and Hill Top Primary Schools. They will be sharing the message of Jesus' love with the wider community. These services will be held on Tuesday, 9 April and Thursday, 11 April during College hours. We are very excited about this opportunity to share God's love and to support our local primary schools.

Family Chapel

On Friday night, as part of our Family Chapel service we will have Luke Byrnes, Julia Fouche, Abby Cuppitt and our Staff Band assisting with performances and behind-the scenes. Thank you to these students and staff in advance for their efforts.

Senior Formal Assembly

Next Wednesday, 10 April we have a number of students performing and supporting the event as members of the WAC Crew. Thank you in advance to the College Band, Year 9 Dance, Year 11 Drama, Abby Miller and Georgina Armstrong.

Middle Formal Assembly

Next Thursday, 11 April we have a number of students performing and supporting the event as members of the WAC Crew. Thank you in advance to the Senior Strings Ensemble, Year 5 Strings Group, Audrey Rose Darby, Jemma Noblett, John Talbot, Tallan Blackmore, Liam Biggs and Michael Robinson.

Spotlight On.... Junior String Ensemble

What do they do? The Junior String Ensemble gives violin, and cello players the opportunity to play together to advance their ensemble skills.

When do they perform? The Junior String Ensemble performs at Formal Assemblies, Presentation Nights and Country Fair as well as the possibility of performing at community events such as the Thirlmere Festival of Steam. Sometimes they provide music for College functions such as Grandparents' Day.

Who can be involved? String players in Years 3-6 who have shown a sufficient amount of skill and dedication in playing and note reading on their instrument.

When do they rehearse?

Thursday 1.35 pm - 2.30 pm in FLOWERS (next to the Canteen).

Why be involved (student's' perspectives)?

Because it's fun

It's good to play music with others

We enjoy performing

It's a privilege to be in a College ensemble

To improve your playing

It's nice to be in a group with others who share the same interests as you.

Musical

Musical tickets go on sale on Monday 8 April! Be sure to book your tickets quickly before all tickets sell out!

Also, the WAC Crew members who are running the Musical have been invited to attend next Monday afternoon's rehearsal to familiarise themselves with the show and begin planning for their stage crew roles.

All cast and crew are required to attend the upcoming holiday rehearsals from Monday, 15 April to Thursday, 18 April from 9.00 am - 4.30 pm (rehearsal commences at 9.00 am so please arrive by around 8.50 am so that you are ready to perform at 9.00 am).

Lastly, on the evening of Friday, 3 May we will have our dress rehearsal. All cast and crew must attend. In addition, on that day we will have an afternoon rehearsal which begins during lunch time. Students will be provided with a note regarding the details of this afternoon/evening rehearsal during the coming Monday afternoon rehearsal.

All cast have access to a Canvas course for Musical with their choreography, backing tracks and copies of any notes given.

Mrs Sarah Talbot

Performing Arts Coordinator T-12

FAMILY CHAPEL

You are all invited to our first Family Chapel for 2019. This will take place in the Shoulder to Shoulder Shelter tomorrow, **5 April at 7.00 pm**. Students should attend in full College uniform, although hats are not required. All students should sit with their parents rather than their friends. Any unaccompanied students are to sit on the Canteen side of the shelter at the back with staff.

If you are a Kindergarten parent or grandparent you are in for a special treat, as we will be entertained by the very talented Kindergarten who will be singing "God is Always Working".

Our guest speaker will be Reverend Stephen Swanepoel from the Wollondilly Anglican Churches.

In addition, we encourage you to make a gold coin or canned food donation to support the WAC Cares Ministry, which provides support to Wollondilly families experiencing difficult times. These donations will be collected by our House Captains near the front of the Cook building and will contribute points to the House Shield.

We look forward to seeing you there.

Mrs Carolyn Clark
Family Chapel Coordinator



AUF DEUTSCH BITTE!

Years 9, 10 and 11 elective classes will be having an amazing German experience during periods 4 & 5 on **Thursday, 11 April**. We have a guest chef coming to lead us through the cooking of a two course German meal. We will be cooking, learning German vocabulary and eating the German food we have prepared. The session will be held during Year 11's normal German lesson time.

Please notify Mrs Clark of any food allergies as soon as possible.

Remember **"Monolingualism is curable. Learn a second language."**

Mrs Carolyn Clark
German Teacher



GERMAN CLUB - COMMENCING TERM 2

From Term 2, there will be a German Club every Wednesday at lunch in the German room (J10).

If you are keen for an opportunity to speak more German, learn about the music German kids listen to, play German games, learn about the German Football League, or you have other great ideas for things we could investigate, please come along!

All welcome, Years 7-12

Mrs Justine Holmes
German Teacher



RETURN AND EARN

Return & Earn gets bigger and better than ever!

Return and Earn is a NSW Government program which pays a 10c refund for the return and recycling of eligible bottle and cans. We, as a College, participate in the R&E program and we donate our refunds to the Dilly Drought Drive. It's a beautiful thing!



And it just got even bigger and better. The 10 Hope Geography class did some analysis of our current R&E program at the College and they identified some problems with it. One was that we did not have enough yellow R&E bins and students were putting eligible containers in the red general waste. 'Lazy' is a word I think they mentioned - ouch!

To the rescue came Mr Schroder and the Property Team, providing us with five extra yellow R&E bins. See the photo - some of the Year 12 Geography class were so excited about the new bins they went bin diving to rescue some misplaced cans.

The College currently R&E's around 275 containers a week. The 10 Hope Geography class hopes this can increase to 500 containers a week. The extra bins will help, and so will the other improvements which are coming soon. Stay tuned and remember to 'R&E'

Mr Jay Hart
Humanities Coordinator



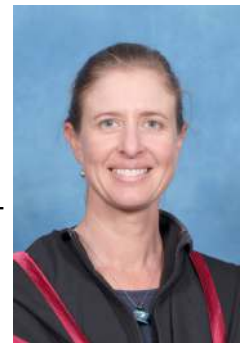
YEAR 11 GEOGRAPHY FIELDWORK TO THE SOUTH COAST - FRIDAY, 29 MARCH

On Friday, 29 March students in Year 11 Geography travelled to the South Coast to conduct Fieldwork at the Kiama Blow Hole, Gerroa Headland and Seven Mile Beach.

The focus of the study was on the biophysical environment, identifying interactions between the four spheres and the impact humans have had on the coastal environment. Whilst it was a long day, the students were engaged and active in all the experiences, making the most of the opportunity to explore *Geography in the Real World*.

It was a pleasure to take such motivated and enthusiastic students out of the College.

Mrs Trudy Miller
Geography Teacher



GOVERNOR ARTHUR PHILLIP AWARD WINNER AND AUSTRALIAN GEOGRAPHY COMPETITION

Once again this year, the NSW Geography Teachers Association held the Governor Arthur Phillip Awards Ceremony at their annual conference. These awards celebrate and showcase the fieldwork skills of young geographers across NSW and the ACT.

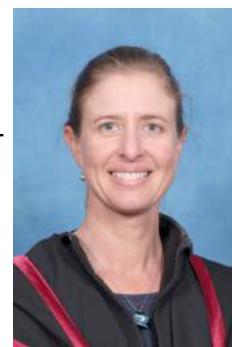
This week, I was privileged to attend the Ceremony and congratulate Henry Good who received equal 4th place in the Geography Fieldwork and Research Competition for Stage 4.

Henry, now in Year 9, was recognised for his investigation into the liveability of his local area, conducted in 2018. This is one of many opportunities students at the College have to explore their surroundings using a range of fieldwork skills. Henry is the first ever award recipient for Wollondilly Anglican College in this Competition.

In addition to fieldwork opportunities, all of Years 8 and 10, along with Year 11 and 12 Geography students, will participate in the 25th annual Australian Geography Competition next week. Over 71,000 students from around Australia will be competing in this joint initiative of the Australian Geography Teachers' Association and the Royal Geographical Society of Queensland.

Students from the College typically perform strongly in this Competition which provides another opportunity to develop oneself and excel. The Humanities department looks forward to another strong performance by students in 2019.

Mrs Trudy Miller
Geography Teacher



SENIOR HOMEWORK CLUB

Please note that yesterday Wednesday, 3 April was the **last Homework Club for Term 1** in the Secondary students.

We will recommence our sessions on Wednesday in the first week of Term 2 (Wednesday, 1 May).

When:	Wednesday afternoons 3.00 pm - 4.30 pm.
Where:	Flynn IRC and selected Flynn classrooms.
What to bring:	Homework, tasks, puzzling questions, necessary equipment and a positive attitude! It is essential that you have a work plan for the time you attend Homework Club.
Pick up:	Students need to be picked up by 4.30 pm in the Melba carpark.
Contact:	Dr Bearlin, Mrs Bawden, Mr Beckinsale, Mr Cassidy, Mr Madden, Mr Powter, Mr Stewart, Mr Shellshear & Mrs Talbot.

Dr Robert Bearlin
Science Teacher



The cutoff time for orders is 8.30 am, however, there is a limited late order menu available up until 10.00 am on the day.

If your child has no recess and/or lunch they will be handed a voucher at Student Reception which they should bring to the Canteen to receive fruit at recess or a sandwich at lunch. This rule also applies if parents/carers forget to place recess or lunch orders online.



Flexischools has been having difficulties processing orders on a Friday morning and recommend placing orders before 7.30 am that morning to avoid the bottleneck. Please be aware that towards the end of Term many regular food items will become unavailable.

There will be two Meal Deals for the last day of Term only. They can be ordered any time from now until Friday, 12 April. Just go into ordering on Flexischools and click on the day to place your order. If you order beforehand you will need to remember that your child has a lunch order for that day.

Numbers are limited so get in early. We will also have a few items of snack foods that are not on our regular menu for sale on the last day priced from 0.50 cents.

Excursion Bags are available from the Canteen. They are \$15.00 each.

In order to keep prices to a minimum, we rely on volunteers to complement our staff in keeping up with this growing, busy service. **We are currently seeking volunteers to help out in Term 2.** If you are able to **assist** in any way, please complete a volunteer form and hand it in to Student Reception or the Canteen.

If you don't have a volunteer form you can find it on the College website or alternatively pick one up from the Canteen or Student Reception. One or two days a Term are all that are needed to assist in filling the roster. Many hands make light work!

A huge thank you to the people who have already volunteered, your assistance is invaluable.

Mrs Carolyn Richards
Canteen Supervisor
Think healthy, Eat healthy, Live healthy



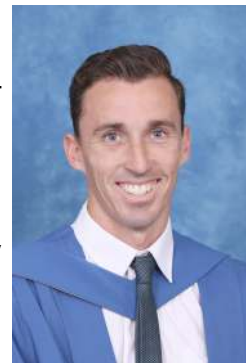
WWW.LOWES.COM.AU

*T&Cs apply. While stocks last. Cannot be used with any other offer.

SECONDARY SPORT

MISA Interzone CHAMPIONS.

Congratulations to the 7-9 Boys' Softball side who after winning the MISA West competition, proceeded into the MISA Interzone Finals. After a close match against St Benedict's, coming back from a slow start to eventually take the win by 1 run, they found their feet in the second match against Freeman Catholic College with a 16-0 win! This means they have been named the Inaugural MISA Interzone Champions for 2019! Congratulations to the boys and their coach Mr Cassidy.



CIS Hockey

Congratulations to Isabelle Robertson of Year 10 who, as part of the AICES side, won the recent NSW CIS U/16 Girls' Hockey Championships. Despite her strong performance on the day she unfortunately narrowly missed selection in the CIS Representative side.



NASSA Netball Selections

Congratulations to Emilee Purnell, Hayley Manning and Emily Manning for their selection in the NASSA Netball sides to compete at the AICES Championships. This is the first time a student from WAC has been selected in the highly competitive and successful NASSA Netball sides, so to have three students chosen is a fantastic achievement. Zoe Daniels has also been named as a shadow in the side and is hopeful of a last minute call up.

NASSA Netball Gala Day

On Monday we sent two teams to compete at the NASSA Netball Gala Day. The Under 15 Girls had an amazing day. After putting some early wins on the board in the Round matches they cruised into the Grand Final where they faced an impressive St Lukes side. In a very close encounter it went down to the wire. Unfortunately, the girls lost by just four points and were named runners up, which is still a fantastic achievement considering eight of the nine Girls are still eligible for the U/15's next year! The Open Girls' team made a great start to the day with a hard fought draw against Penrith Anglican College, before a solid win over Macarthur Anglican School.

Unfortunately, a loss to Georges River Grammar meant they dropped out of contention for the finals. Despite this, the girls continued to play hard, again drawing with Penrith in the play-off for 5th place.



WAC Cross Country

The annual Secondary Cross Country Carnival will be held on Friday, 12 April (last day of Term 1). This event will conclude at recess and students should come prepared for their normal classes for the rest of the day. Information has been sent home with more specific details of each of the races.

After School Football (Soccer) Program - last chance to register

Registrations will be closing very shortly for the new After School Football Program. Spare registration forms can be picked up from Mr Goldsbrough or Mr Houweling. Get in quick to secure your place in the Term 2 Program!

Mr Mark Goldsbrough
Secondary Sports Coordinator

Upcoming Events

Thursday, 4 April	NASSA Football Trials
Tuesday, 9 April	Term 2 MISA Trials
Friday, 12 April	WAC Cross Country
Tuesday, 30 April	Term 2 MISA Trials



AICES Swimming Championships



In Terms 2 and 3, 2019 Wollondilly Anglican College will be hosting an after College Football (Soccer) Development Program for students in Years 4 - 8. This program will be run by an external provider, Football Development Academy, to provide students with access to the best training programs with specialist coaches with years of experience. The program is open to all students in Years 4 - 8. Below is a brief outline of the program.

Who are the FDA:

Football Development Academy is a soccer academy based in the Macarthur South West Region of Sydney, Australia. Boasting a coaching team that have coached and played at the highest levels of the NSW NPL, we strive to develop aspiring footballers and guide them to reach their full potential both on and off the field - we know what it takes to get you there. Our AFC accredited coaching staff create a fun and safe environment where skills, technique and tactical awareness of the game are nurtured. We cater for all skill levels, from beginner to elite footballers.

About the Class Sessions:

In each session you will be learning the ins and outs of the beautiful game while making friends along the way. All players aged between 7 to 13 years of age will receive a football education which covers the four core skills on a rotating basis. All players will receive an FDA Evaluation Report at the end of each term.

Each phase will complement each other so that all players are receiving a football education with lots of fun small sided games. Each session we will work on skills, technique & tactical understanding through training & game play.

All sessions are conducted in accordance with the FFA Football Coaching Philosophy.

When will the program run:

The program will run each week in Terms 2 and 3 on **Wednesday afternoons between 3.00 pm - 4.30 pm.**

Cost: (payable directly to the Football Development Academy)

Term 2	9 week program (\$135.00)
Term 3	10 week program (\$150.00)

How to register:

Simply fill in the registration form and return it to your Sports Coordinator asap. Payment must be received before the first session of each Term. Places in the program are limited. If you have misplaced the original, spare registration forms can be collected from your Sports Coordinator.

PRIMARY SPORT

IPSSO

IPSSO games this week were played against St Peter's Anglican School.

The Stage 2 basketball team led for most of the match, however a spirited comeback by the opposition saw them draw, 18 all. The Stage 3 team dominated their opposition winning comfortably 22-2.

The Stage 2 cricket team, after setting a good total, were unable to contain their opposition. They were defeated by 30 runs. The Stage 3 team also batted well. They were defeated in a really close match, losing by seven runs.

Max McPherson, Leo Micari and Tane Pycroft all scored hat tricks in devastating performance for the Stage 3 Oz Tag team. The team won 15-1. The Stage 3 team shared the tries across the team, there were eight different scorers. They won 8-4.

The soccer teams were flying but have hit a bit of a speed bump in the last 2 rounds. A goal from Kirstin Robinson wasn't enough for the 3 points this week. The Stage 3 team lost 1-2. The Stage 2 team also lost by a goal, going down 1 nil.

Next week is the final IPSSO game for the term. Games will be played at WAC against Broughton. Stage 2 games will start at 12.00 pm. Stage 3 games will start at 12.45 pm.

The summer season will be concluded in Term 4. Students must return their uniforms to their coach at the completion of the game this week.

3-6 College Sport

The Stage 2 swimming program is now finished. In Term 4 Stage 3 students will be given the opportunity to take part in swimming lessons. Next week the Tennis program will also conclude. Thanks to Stephan Halls from Picton Tennis for running a great program this Term.

Football Development

Students in Years 3 to 6 interested in taking part in the Football Development Academy need to return their notes as soon as possible. These sessions will run from 3.00 pm to 4.30 pm each Wednesday in Terms 2 and 3.

Primary Cross Country

On Friday, 12 April students in Transition to Year 6 will be taking part in the WAC Cross Country Carnival. Years 3 to 6 will compete in races starting at 11.00 am. These races will start and finish at the WACA. Students aged 8, 9 and 10 will run 2km. Students aged 11, 12 and over will run 3km.

Transition to Year 2 will also compete in races. These races will happen on the front oval. Their first race will start at 1.45 pm.

Mr Stuart Houweling
Primary Sport Coordinator



Upcoming Events

Wednesday, 10 April
Thursday, 11 April
Friday, 12 April

IPSSO games at Wollondilly Anglican College
NASSA Netball Gala Day
T-6 Cross Country

NCCD - COLLECTION OF DATA

The NCCD is the National Consistent Collection of Data on school students with a disability in all Australian schools (Government, Catholic and Non-Government).

The Commonwealth Government requires all schools to collect data on all students who receive adjustments, for a minimum of 10 weeks, because of a disability and the levels of adjustments that are provided in order to enable the student to participate in education on the same basis as other students.



This year's collection period is from August 2018 to August 2019.

We are required to provide the Commonwealth Government with the following details:

- The student's year of schooling
- The student's category of disability
- The student's level of adjustment

The information we provide will not explicitly identify any individual student as per the regulation. If you require any further information or facts sheets, please visit the NCCD website www.nccd.edu.au or contact me.

Mr Stuart McIntosh
Advanced Learning and Learning Support Coordinator T-12



PRIMARY PARENT TEACHER INTERVIEWS

Parent teacher interviews for primary parents will be held over two nights Tuesday, 14 May and Thursday, 19 May. Please ensure that the College office has your latest email address, if not please ensure that you update these details by the end of this term. Once again you will be sent a parent template with a code that you will need to use to log into the site to book appointments early next Term.

Just a reminder to Transition parents who have Mrs Grant as their teacher, she will be conducting interviews on a different day and she will be sending home a paper slip version for you to make a time to book your appointment.

Mr Michael Matthews
Coordinator of Teaching and Learning 3-6



STAGE 2 BASKETBALL FINALS COMPETITION - TERM 1 2019

This week we played our finals. Well done to all teams that played each week. In the boys' grand final, The Phantoms defeated Ball Keepers. In the girls' grand final, The Tigers defeated Shooting Stars.

Boys' competition winners: Dylan Hemans, Tane Pycroft, William and Max McPherson
Girls' competition winners: Ailie Carroll, Isabella Evans, Brooke Causer and Iris Luxford

Next Term Years 3-6 will be involved every Friday at lunchtime in athletics training including shot put and discus.

Mr Darren Wayne
Primary Teacher



TRANSITION

It has been encouraging to see our students continue to settle into the routines of the Transition environment. Part of our journey in Transition is learning to do everyday tasks and routines required at the College independently. We are aiming to encourage students to take responsibility of their belongings, their classroom and themselves.



Developing these skills takes time, perseverance and practice. We want our students to be confident problem solvers and to experience success through conquering these tasks.

Some examples of areas we are working to build independence include

- Putting on jackets and paint-shirts independently
- Organising and packing lockers, bags and lunchboxes
- Packing away and caring for our equipment, toys and resources

We are looking forward to exploring Easter and the good news that it brings over the next week. Transition Toto will attend Easter Chapel on Thursday next week. We also encourage Twiga and Tembo students to attend with their carers if possible.

We hope you have enjoyed the content that has been placed on the Seesaw app this Term. If you have any feedback of activities, you would like to see your child post on the app please feel free to let us know.

**Mrs Melanie Grant and
Mrs Anita Belusic
Transition Teachers**

WOOLWORTHS EARN AND LEARN IS BACK!

Woolworths is running their Earn and Learn Program again in 2019.

From Wednesday, 1 May to Tuesday, 25 June 2019, please start collecting the stickers at the Woolworths checkout so that the College can redeem them for some fantastic resources for our students.



**Mrs Lisa Grzasko
Earn and Learn Coordinator**

CLOTHING POOL

Did you know we have a Clothing Pool offering second hand uniforms?

Located at White Cottage, they are open:

Monday	7.45 am - 8.30 am
Tuesday	7.45 am - 8.30 am
Friday	7.45 am - 8.30 am



If you have any 2nd hand uniforms at home, they are always accepting donations which can be brought into Student Reception.

APPLICATIONS FOR ENROLMENT

Applications continue to pour in for 2020 and beyond across all year groups, but especially our entry years of Transition, Kindergarten, Year 7 and Year 11. All current College families looking to enrol siblings for the coming years are encouraged to do so without delay.

Application packs are available from the College Office or from the College website.



SCHOLARSHIP PORTFOLIOS

Scholarship portfolios are now available for pick up from the Alfred Deakin Administration Building Visitors' Reception.

NEW ENROLMENTS PHONE NUMBER

The Enrolments team has a new phone number. If you wish to contact them, their number is (02) 4684 2722. The email address remains unchanged - enrolments@wac.nsw.edu.au

COLLEGE PHOTO DAY

The College Photo Day is coming up next Term, details are as follows: Thursday, 6 June - Junior and Secondary Photo Day including all special interest group photos, family photos and staff photos.

Mrs Kristy Biddle
Development Officer



INFORMATION FROM THE COLLEGE NURSE

Asthma Coach Program

Did you know that asthma is one of the leading reasons Australian kids miss school and a leading reason for hospitalisations across the nation?

Does your child have Asthma? Would you like to be referred to the Asthma Australia Coach program?

Many families and children have greatly benefited by the program. If you would like me to make the referral, please come and see me in Student Reception. You will receive a wealth of information from the asthma coaches and even get a few freebies along the way!

The COACH Program® is a confidential, FREE health service delivered over the phone by trained Asthma Australia Coaches. The program aims to help people with asthma, or those who care for someone with asthma, improve their general health and asthma control.

Recent program evaluation has shown that 59% of people receiving ongoing phone support showed clinically significant improvement in their level of asthma control (Asthma Australia, 2016).

For more information:

<https://www.asthmaaustralia.org.au/national/about-asthma/resources/coach/your-asthma-coach>

Mrs Sally Lloyd
College Nurse



We have a reported case of **Influenza A** within our Junior College.



For more information, please follow below link

https://www.health.nsw.gov.au/Infectious/factsheets/Pages/influenza_factsheet.aspx

FROM THE HEADMASTER



Guest Speaker - Henry Olonga
Sunday, 7 April @ Christ Church (WAC) 9.00 am: ALL WELCOME!

Henry Khaaba Olonga (born 3 July 1976) is a former Zimbabwean cricketer, who played Test cricket and One Day Internationals for a career span of eight years. In domestic first-class cricket in Zimbabwe, Olonga played for Mashonaland and Manicaland. When he made his Test debut in January 1995, he was the first black cricketer - and the youngest person - to play for Zimbabwe. He was a regular member of the Zimbabwe team from 1998 to 2003.

He was considered one of the fastest bowlers in international cricket, but his international career came to an end in 2003 after Olonga and teammate Andy Flower wore black armbands during an international cricket match in the 2003 Cricket World Cup to "mourn the death of democracy" in Zimbabwe. Death threats forced him to live in exile in England. Olonga announced his retirement from international cricket after Zimbabwe's final game in the 2003 World Cup competition. Olonga and Flower were given honorary life membership of MCC later in 2003.^[1]

Facebook@christchurchwollondilly
www.christchurchwollondilly.com
PO Box 43, Bargo NSW 2574
Reverend Stephen Swanepoel



Battles will bless you or bleed you.
None will see God's greatness in life if they are not first grateful to Him.
Whatever went "wrong" was making a way for what is "right" to come into your life.

Trust God!

Life is so much more freeing when you're not controlled by what people say; you're not offended when someone is rude, you're not sour when traffic is bad, you're not upset because the flight is delayed.

Peace is liberated to the spirit and soul when you have learned to overcome offence, and not bank it.

Those who hold to bitterness are senseless, supplied by a grieved heart. (See Psalm 73:21-22)
When you've tapped into the power to remain calm, you know God is on the throne; He's fighting your battles.

You can't control what people do; you can't control what they say. You can control how you respond, and not allow your joy to be stolen.

Whatever challenge you're facing, know that our Lord Jesus is here to help you. He says to you,

"Don't be afraid. Take courage. I am here" (Matthew 14:27)

The battle you are fighting won't last forever. God has an appointed time for your victory.

Take heart, stand strong!

In battles there are testings, but in the testing he who perseveres gains the goodness of the Lord.

For, God has become his refuge.



COMMUNITY

- **Wollondilly Cares**
From time to time, families undergo trauma such as severe or terminal illness. There are short term **support structures in place at the College to assist families** during these times. The WACCares Program offers practical support such as meals for families. Please contact Mrs Hay at the College, to assist. Confidentiality will be respected when requested.
- **Rugby Academy - 3 Day Event**
Open to all players 7-18 girls and boys
Eridge Park, Bowral - 15, 16 & 17, April at 9.00 am
Early bird price - \$299.00 for first child
Sibling Packages - 2 kids \$349.00, 3 kids and above - \$399.00 or Single One Day - \$160.00
For more information go to <http://www.eventbrite.com.au>
- **Tahmoor Netball Club**
For ages between 5 - 16 years
Competition starts on the Saturday, 6 April 2019 and ends September 2019
Active Kids Vouchers can be used
Please email Tahmoor.netballclub@gmail.com for more information.
- **Multi Sports Holiday Camps**
Venue: Picton Tennis Club, Downing Street, Picton
Cost: \$40.00 Half day (9.00 am - 12.00 pm) or \$50.00 Full day (9.00 am - 3.00 pm)
For more information , please contact 0432 700 178, email pictonta@gmail.com or visit www.revolutiontennis.com.au/picton.
Camp 1 - Monday, 15 April - Thursday, 18 April or **Camp 2** - Tuesday, 23 - Thursday, 25 April
- **Branch Out - Free Youth Week Event**
Outdoor Movie - Shrek
When: Saturday, 13 April 2019
Where: Wollondilly Leisure Centre - 434 Argyle Street, Picton
Time: 3.00 pm - 7.30 pm
Cost: Free
- **Grooveability**
Day/Time: Monday 12.30 pm
Cost: \$5.00 (Normally \$10.60) Subsidised by Camden Council
How to book: Call 4648 4830 or see us in centre - Mount Annan Leisure Centre
- **Southern Highlands Youth Orchestra**
When: Every Thursday at 5.00 pm
Where: CWA Hall Bowral
Ages: 12 - 25 Years
Enquires: Elisa Ali - 0411 596 301 or Cindy Gardiner - 0419 680 813.
Email: southernhighlandsyo@gmail.com
- **Free Lego Show - Casey's Toys Campbelltown (School Holiday's)**
When: Saturday, 13 April - Sunday, 28 April
For more information, please contact Jodie on 0424 755 578 or email jodie@toycorp.com.au

Please note that the above is a service to the Community and items advertised do not necessarily carry the endorsement of the College. The College tries to be selective with what is advertised but cannot take responsibility. Please look into events advertised carefully.

Sponsorship 2019

...friendraising and fundraising



Diamond Sponsor

Bradcorp

Double Gold

Hume Building
Simec Mining
Stanton Dahl Architects

Gold Sponsors

Anytime Fitness Tahmoor
Brad Carpenter Partners
Hills Commercial Cleaning (QUEDOS)
Ken Shafer Smash Repairs
Kwik Kopy Macarthur
Narellan Pools
Nu-era Homes
Taverner Landscapes
Top Quality Homes

Silver Sponsors

Adode Property
Boral Operations Maldon
BPB Earthmoving
Lowes
Cornerstone
Flight Centre Camden
HairBomb
Little Elves Preschool
Mittagong Auto Tech
Mowbray Park Farmstays
Natural Services Pty Ltd
Pinnacle Tax & Accounting
Tahmoor Garden Centre

Thank you to our Diamond, Double Gold, Gold and Silver Sponsors shown above. We also thank our Bronze Sponsors who will be advertised on the College website on the Sponsors' Page along with the above. If you would like to sponsor the College, please contact Mr Bill Norman (P&F President) or Mrs Deborah Cook in the College office.

P&F ...friendraising and fundraising

Clothing Pool

The Clothing Pool has a variety of good quality used clothing for sale at reasonable prices. Also available for purchase is a selection of new socks and ties!

Opening Hours

Monday	7.45 am - 8.30 am
Tuesday	7.45 am - 8.30 am
Friday	7.45 am - 8.30 am

Location

White (Gumnut) Cottage - side windows opposite FLOWERS Canteen.

If you can spare an hour in the morning to volunteer at the Clothing Pool, please contact Melissa on 0415 402 013. It is a great way to meet other parents and save a few dollars.

The Clothing Pool is part of the P&F with all funds raised going towards the College.

End Of Term Sale - 25% off Summer and Winter Items

(Excluding new Socks and Ties). Great prices on second hand items. All Shirts and Shorts now \$7.50, Tunics \$22.50, Senior Trousers \$15.00, Woollen jumpers \$15.00, plus more items on sale. Come and get ready for Term 2 - Winter Uniform and grab a bargain!

Mrs Melissa Whishaw
P&F Clothing Pool Co-ordinator

Parents' & Friends' Association

P&F ...friendraising and fundraising



Term 1, 2019

Sponsorship Opportunity

The 2019 Country Fair Committee has been chosen.

We are seeking businesses within the College who may like to sponsor our 16th Annual Country Fair.

We have some great activities that we are putting on again this year. These being Camel Rides, Pony Rides, Inflatable Zone, Petting Zoo, Face Painting, Sheep Shearing and the possibility of Wood Chopping which is still to be confirmed.

We are seeking sponsorships to help put on these great activities as well as goods and services for our Auction and Silent Auction.

If you have a business who would like to sponsor our Country Fair for 2019 you can send an email to pandfsecretary@wac.nsw.edu.au and a sponsorship package can be sent to you.

Free Business Directory Listing

List your business as a friend of the college and support other family businesses of our College students. Listings are FREE and are updated on the College web site each Term. Each week one business will be chosen at random to be advertised in the Waratah Weekly P&F page.

To become involved simply leave a business card with a note or 30 words or less to describe your business. Business cards and descriptions should be left in the P&F letterbox at Student Reception. Please also include your child's name and college class.

Business of the Week - Cornerstone Building Company

Cornerstone Building Company prides themselves on the highest quality of craftsmanship with the finest skills and over 20 years' experience in the industry. We believe our reputation is built on integrity, and offer a genuine commitment to provide exceptional client service.

Cornerstone Building Company offers a diverse range of services including, but not limited to:

Extensions/Renovations
New Dwellings
Commercial
Industrial
Marine Works
Heritage works
Energy efficient designs



Joel Joseph
0420 596 290
Licence No. 233531C

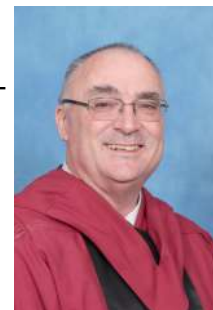
✓ PO Box 783, Narellan NSW 2567
@ cornerstonebuildingco@optusnet.com.au



Please call Joel on 0420 596 290 to discuss your next project.

Mr Bill Norman
P&F President
pandfpresident@wac.nsw.edu.au

HEADMASTER HAPPENINGS



April

Thursday, 4	Student Interviews 2020
Friday, 5	Student Interviews 2020 Flu Vaccinations (Evening) Family Chapel
Sunday, 7	Henry Olongo 9am Christ Church (in the College)
Monday, 8	Student Interviews 2020 Staff vs Student Volleyball Game
Tuesday, 9	Student Interviews 2020
Wednesday, 10	College Executive Meeting Student Interviews 2020 Senior Formal Assembly
Thursday, 11	Middle Formal Assembly Student Interviews 2020 Staff Meeting
Friday, 12	Last Day of Term 1 College Cross Country Student Interviews 2020

MARK YOUR DIARY!

April

Monday, 1 April - Tuesday, 8	Year 12 Mid Course Examination
Friday, 5 April	Family Chapel
Saturday, 6 - Sunday, 7	Bronze DOE Adventurous Journey
Wednesday, 10	Senior Formal Assembly (To be held in Warne Auditorium)
Thursday, 11	Middle Formal Assembly (To be held in Warne Auditorium)
Friday, 12	Secondary Cross Country Carnival Years 3-6 Cross Country Carnival K-2 Cross Country (Afternoon) Last Day of Term 1



MITTAGONG ANGLICAN CHURCH

Contact: Children's Minister Rochelle Fussell, 0439 455 005 or rf@mittang.com.au. All leaders in Follow and Kids@Mac have Working With Children Checks, and are trained in accordance with Safe Ministry Guidelines. All our groups run during school Terms.

CHRIST CHURCH ANGLICAN WOLLONDILLY

Everybody is welcome to attend our Service on Sunday at 9.00 am to listen to Henry Olonga. We would love to see your family there.

Facebook@christchurchwollondilly
www.christchurchwollondilly.com
PO Box 43, Bargo
Reverend Stephen Swanepoel

LEARNING - LOVING - LIVING



PRETEND HEADMASTER



Pretend Headmasters - Jackson Brown (KF) and Ari Atalla (KF) are finishing up the last of our Student Merit Awards for the next week's Formal Assemblies.

Congratulations to those students for their achievements.

PRAYER POINTS

**Prayer Points from our Link Missionaries in Tanzania -
Rev Kevin and Karen Flanagan**



Thank God:

- For the many people we have met and what we have learned so far.
- That he is sending missionaries from "everywhere to everywhere".

Please Pray:

- To raise up more people to go to the un-reached people groups in Tanzania and beyond.
- To use us to produce fruit that will last for eternity.

Psalm 127:1 Unless the Lord builds the house, its builders labour in vain.

Excellence, Endurance, Eternity.

