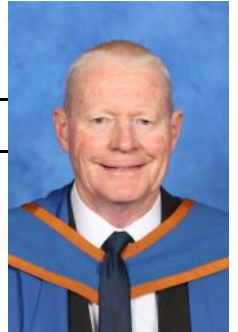




THE WARATAH WEEKLY

Begin with the End in Mind



Five Ways to Help Students Stress Less (Part 1)

The HSC Exams commenced this week with more than 76,000 students sitting the exams in NSW. It can be a time of stress and anxiety for Year 12 students and these emotions can be amplified with the COVID-19 situation.

Despite a semblance of normality beginning to resurface, many students continue to struggle with nerves and anxieties that pre-date COVID-19 and worry that they might not be as prepared as their peers to sit, and succeed in, their exams.

In a recent article published by three University academics they shared five ways parents and carers can support Year 12 students. Many of these tips are helpful for all secondary students.

1. Check in and listen

It is important to remember teenagers are often more resilient than we think. In most cases, they can cope well with challenges. But some students find exams more stressful than others, and some may also be worried about the influence of COVID on their future.

Research consistently shows parental monitoring that supports the autonomy of the young people is linked with their better psychological adjustment and performance during difficult times. This means checking-in with your teen, seeing how they are going and empowering them to use whatever coping skills they need.

Unfortunately, in times of stress, many parents use a high-monitoring low-autonomy style. Parents may still monitor their teen's coping but also take over, hurry to suggest solutions, and criticise the strategies their child is trying. This is a low-autonomy style, which may signal to the young person their parent doesn't believe in their ability to cope.

So, to not come across as controlling or undermining their autonomy:

- ask your teen, "How are you coping?"
- listen to their answers
- check you have understood and ask if they need your support.

Let your actions be guided by their response. If they say "I'm very stressed", ask if there is something you can do. You could say: "Tell me what you need to do and we'll work it out together".

If they do the famous "I dunno", say something like "OK, think about it, I'll come back in a bit, and we can chat". Follow through and let them know you will check in more regularly over the coming weeks.

2. Encourage them to take care of their physical and mental health

Support your teen to get exercise, downtime and sleep. Exercise helps produce endorphins - a feel-good chemical that can improve concentration and mental health.

Downtime that is relaxing and enjoyable such as reading, sport, hanging out with friends or video games, can also help young people recharge physically and mentally. If you see your Year 12 child studying for numerous hours without a break, encourage them to do something more fun for a while.

A change of scene can help avoid burnout and helps students maintain focus over longer periods of time. Good sleep is important for alertness, and teenagers should aim for eight to ten hours per day. Sleep also helps memory consolidation: a neural process in which the brain beds down what has been learnt that day. Even short-term sleep deprivation, such as five hours across a week of study, can have a negative impact on teens' mood, attention and memory.

To ensure your child prioritises self-care, help them put together a routine. This may involve scheduling specific times for exercise, meals and downtime each day, and breaking up blocks of study time with short breaks. Also negotiate a nominated time for them to turn their phone off at night. Stopping phone use one hour before bedtime can increase sleep.

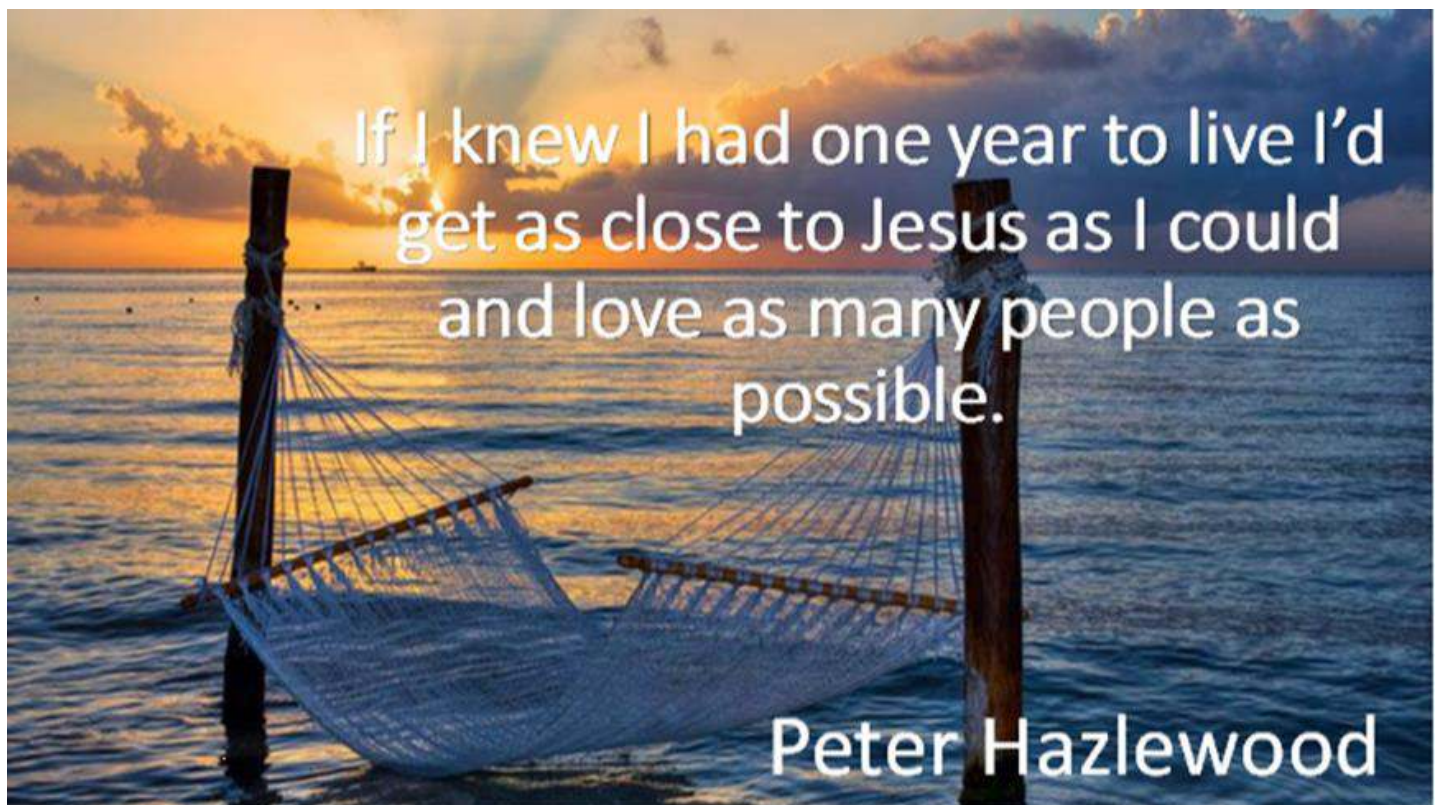
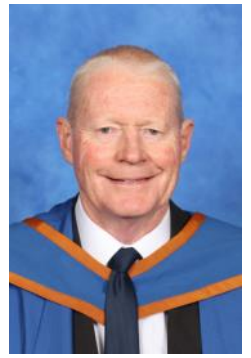
(Mackenzie, Van Bergen, Parada - The Educator 13 Oct 2020)



INTERIM HEADMASTER

We Remember Pete. (25 October 1978 - 13 October 2019)

'Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever' Psalm 23:6



INTERIM HEADMASTER

Duke of Edinburgh's Award

Silver/Gold Adventurous Journey

Due to the modifications with the COVID-19 restrictions, our next Adventurous Journey will occur on Thursday, 22 October (for Gold Level students) and from Friday, 23 October 2020 (for Silver Level students). **Students will only be able to participate in this expedition if they have been active in the program and logging their hours on the ORB.**



Specific details are below:

This expedition takes three days for Silver and four days for Gold. Due to COVID-19 concerns, students will be undertaking a series of day walks and returning to the College to camp to reduce the risk of contact using shared camping and toileting facilities.

The mode of transport to and from the expedition will be by a College bus.

Thursday, 22 October (Gold Only)

- Departure from WAC 8.30 am to Thirlmere Lakes National Park and complete the Blue Gum Creek/Little River Hike. Return to the College.

Friday, 23 October (Gold and Silver)

- Departure from WAC 8.30 am to Otford (Royal National Park) and complete the Otford to Era loop of the Coastal Walk. Return to College to camp.

Saturday, 24 October (Gold and Silver)

- Depart from WAC 8.15 am to Welby. Walk Box Vale Track to Forty Foot Falls, Sixty Foot Falls and Mittagong. Return to College to Camp.

Sunday, 25 October (Gold and Silver)

- Depart from WAC to Bargo River and walk Mermaid Pools hike. Return to WAC at 1.00 pm. Parent pick up 1.30 pm.

Equipment: Students will need to carry all their own food, equipment, water, sleeping gear and tent. They will be unable to share a tent and must have a separate cooking stove or clean it before use by someone else.

Hire: The College has some backpacks, two person tents and limited cookers available for hire at \$10.00 each. This fee will be placed on the student's account.

Transport: College Buses

College Expectations: Students are reminded that all College rules regarding behaviour and expectations apply.

Mr Croger, Ms Huxtable, Mr Hicks, Mrs Miller, Mr Hart and Mrs Cochrane will be supervising the students.

Mr Schroder will be an emergency contact person.

Please return the completed permission forms and medical forms to Student Reception by Friday, 16 October.

Mr Ian Croger
Interim Headmaster

FROM THE ACTING DEPUTY'S DESK

I would like to wish the College Community a warm welcome to Term 4. While many students and staff were able to enjoy a break, there were plenty of activities still occurring on the College grounds.

We have been able to upgrade the College WiFi, resurface the hard court area and we have seen good progress on the new Quarmby College. With some restrictions slightly easing, we are continuing to plan for a number of exciting activities this Term.



HSC Examinations Commence - COVID-19 Restrictions

Please continue to keep our current Year 12 students in your prayers as they finalise their preparation for the HSC examinations.

Examinations are being held in the Warne Auditorium for the entire examination period (Tuesday, 20 October to Wednesday, 11 November) due to quarantine requirements from NESAs.

With this in mind, the only access to the Warne Auditorium will be by HSC students and HSC supervisors. The Cafeteria area will also be kept aside for Year 12 student wishing to study between exams should they have two in the one day.

Please keep Year 12 in your prayers over the coming weeks.

Morning Drop-Off

It would be appreciated if the bus bay areas that align with the lawn area are kept free of cars during the morning drop-off.

We have buses constantly moving in and out of that area and if cars are parked it creates a problem for traffic flow.

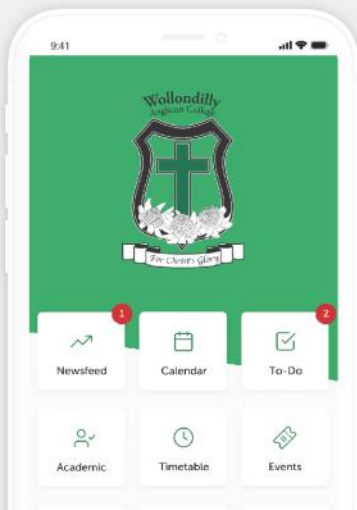
Primary parents should be dropping students outside of Cuthbert and Secondary parents in the Warne set down area, outside of White Cottage or through parking in other car spaces.

Edumate App and Excursion Permissions

There have been multiple communications regarding the new Edumate App and we are excited with this step forward. If you haven't yet had the chance, please download this (instructions on the next page) as excursion approvals will now occur online. Please note that paper notes will be phased out.

We have had positive feedback from parents on the ease of providing approval and having all of the excursion information handy on their phone.

Mr Paul Burns
Acting Deputy Headmaster



How to get your new Wollondilly Anglican College app

Follow these simple steps to quickly and easily set up your new app.



STEP 1

Search & Download

Search for your school on the Apple App Store or Google Play to download the app.

Wollondilly Anglican College



Wollondilly Anglican Co...
Digistorm

DOWNLOAD

janedoe@email.com

.....

SIGN IN

STEP 2

Sign In

Sign in using your Wollondilly Anglican College login details.

STEP 3

Turn On Notifications

Log in to your Edumate settings, click Notifications and turn on the Notifications that you would like to see in your app.

Notifications Settings

Alerts



Permissions



Stay Connected

You will now receive the latest updates and information from your school.
Everything you need to stay in the loop is all in one handy place.

TEACHING AND LEARNING 7-12

Extending a warm welcome to Term 4, and hoping that all the College families had a relaxing break over the holidays and are ready for a busy term ahead.

Year 12 2020

These students start the official HSC exams on Tuesday, 20 October and go through until Wednesday, 11 November. Specific HSC requirements have been communicated to both students and parents, as well as individualised student timetables. We continue to pray for these students as they commence these exams and encourage them to do their best.



Year 11 2020/Year 12 2021

Our current cohort of Year 11 students will start HSC course content for their subjects this term. It is important for these students to start their HSC course well; that they keep up with the required content and that they are implementing a solid and regular study regime that includes approximately three hours a night.

Students were issued new book packs as they start their courses, and students and parents will be invited to an information evening on Tuesday, 27 October (Week 3 of the Term) to hear more about HSC requirements, ATAR calculations and the importance of ranking in subjects. More information about this evening will be communicated to students and parents as we get closer to the day.

Year 9 and Year 10 Yearly Examinations

Students in Year 9 and 10 will begin the formal examination period starting Wednesday, 28 October through to Friday, 6 November. Students will be issued with their examination timetable on Monday, 19 October, but they should also be implementing a program of solid revision in preparation for this upcoming event.

Students are also encouraged to seek teacher clarification and assistance on content that they are finding difficult. Students are also reminded that the College runs Secondary Homework Club every Wednesday in Flynn for extra feedback, help and support.

Mrs Kelly Evans

Acting Director of Teaching and Learning 7-12

Lost Property

Due to recent COVID-19 restrictions, all **labelled** lost property will now be sorted and items returned to your child/rens teacher or roll call teacher.

Unlabelled clothing will be donated to the Clothing Pool.

Do you need to make a payment to the College??

Due to the new COVID restrictions, we would like to encourage you to make payments over the phone via credit card for College fees, replacement diaries etc.

Please call the office between 8.00 am - 4.30 pm on 4684 2577.

PRIMARY CLASS TEACHERS 2021

These are the class teacher allocations for 2021. This Term teachers will begin the process of creating class lists for 2021.

Please note

2020 class teachers will spend a lot of time working on class placements, they will take into consideration social, academic and pastoral matters as well as the teacher. They have the benefit of working with your children for this year and so are in a good place to make decisions considering the needs of every child.

Should you have any social concerns regarding your child's class placement please contact your child's class teacher. An example of this might be that you would like your child and their best friend separated to enable greater focus in class.

Parents should not request specific teachers unless there are significant matters affecting their child. These should be emailed directly to me at j.huxtable@wac.nsw.edu.au by Friday, 23 October.

Students from K-5 will meet their new teacher and find out their classes for 2021 on Monday, 7 December.

Tembo	Mrs Anita Belusic
Toto	Mrs Anita Belusic
Twiga	Mrs Melanie Grant
Koko	TBA
K Faith	Mrs Jennifer Aston
K Hope	Miss Jessie McMasters
K Joy	Mr David Hopkins
K Mercy	Mrs Tracy Turner
1 Faith	Mrs Kerry Apps
1 Hope	Mr Simon Jones
1 Joy	Mrs Kim Reid
2 Faith	Mrs Bhavna Williams
2 Hope	Mrs Emma Kluit
2 Joy	Mr James Sawyer
3 Faith	Mr James Gooden
3 Hope	Mrs Rebecca Napier
4 Faith	Mrs Lisa Maher
4 Hope	Mr Darren Wayne
5 Faith	Mr Stuart Houweling
5 Hope	Mr Matthew Stark
5 Joy	Miss Phoebe Thompson
6 Faith	Miss Chloe Dewey
6 Hope	Mrs Wendy Fredericks
6 Joy	Mr Warwick Whitelaw
Library	Miss Stacey Baker
Technology	Mrs Katherine Frost
Other	Mr Michael Matthews and Mrs Kristy Lee Ferris

Ms Jacqui Huxtable
Director of Teaching and Learning T-6



2021

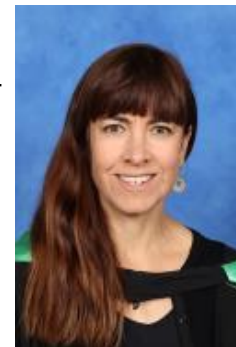


There has been a confirmed case of **Chicken Pox** within our Junior Years.

For more information, please refer to the following link from Sydney Children's Hospital.



ACTING PASTORAL CARE T-12



A warm welcome back for Term 4!

Goal Setting

The start of a new term provides all students with the opportunity to reflect on their mindset, habits, behaviour and academic progress. We encourage students to focus on the things they CAN control and set some new goals for Term 4 based on specific areas they would like to improve on.

The following six tips for 'Setting Goals like a Boss' provided by Reach Out, can be a useful guide for students.

1. Work out what you want - focus on what you want to do not on what you think you SHOULD do.
2. What do you enjoy? - identify five things you enjoy doing. Can they help you achieve your goals?
3. Start small - small goals are easier to achieve which gives a sense of satisfaction.
4. Define your goal - make it SPECIFIC, ACHIEVABLE and with an ENDPOINT.
5. Break it up - set mini goals to help you stay motivated.
6. Set a time frame - deadlines help you to stay MOTIVATED. Set dates for achieving each mini goal.

For an infographic version of this information head to <https://au.reachout.com/articles/set-goals-like-a-boss>

House Charity Day

On Friday, 25 September the College held our Term 3 House Charity Day. The day was focused on supporting WAC Kids Care. WAC Kids Care provides a significant outreach to our College and wider community with the provision of meals for emergency care circumstances. A total of \$1,354 was raised from the Gold Coin donations.

Thanks to our College community for their generous support, both with the financial donations as well as food items that were provided. This will assist WAC Kids Care to continue to maintain their stocks of meals to support families. It is important that as a College we continue to think in an outward fashion and it is pleasing in what has been challenging times for many that this thinking continues to be central to our life at the College.

Maintaining Standards - College Uniform Guidelines

For Term 4, students have returned to the College wearing Summer Uniform. It is our desire as a College to have our students in the community looking fantastic and wearing their uniform well. When at the College we want to spend the majority of our time and energy in interactions that focus on positive relationships and learning. Your support and assistance with this is appreciated.

Specifically:

Summer Uniform (K-10) Girls	Summer Uniform (K-10) Boys
College Dress (length below the knee) White College socks with dark green stripe. College jumper or blazer (5-10), College bomber jacket (K-4) if cold. College grey woven hat (7-10) or College green slouch hat (K-6).	College grey shorts, shirt tucked in and plain black belt. (belt 7-10 only) College grey socks. College jumper or blazer (5-10), College bomber jacket (K-4) if cold. College grey Akubra hat (7-10), College green slouch hat (K-6).
Summer Uniform (11-12) Girls	Summer Uniform (11-12) Boys
College skirt below the knee. Short or long sleeved fitted blouse. College Senior tie. White College socks with black stripe. College jumper or blazer if cold. College black akubra hat.	College grey trousers, shirt tucked in and plain black belt. Short or long sleeved College shirt. College Senior tie. Black socks. College jumper or blazer if cold. College black akubra hat.

Mrs Emily Madden
Acting Director of Pastoral Care T-12



The Benefits of Mindfulness

Mindfulness is an activity in which you focus on being aware of what you're sensing and feeling in the present moment.

During the Understanding Anxiety workshops, students are introduced to the concept of mindfulness, and how it can be used to help manage anxiety they are experiencing. As well as anxiety, there are a number of other benefits to mindfulness that means it is beneficial for everyone to practise mindfulness.

These include:

- Decreased blood pressure
- Improved attention
- Decreased burnout (at home and the College)
- Improved sleep

There are a number of mindfulness exercises that you can do to gain these benefits.

- Walking meditation - find a quiet place 5-10 metres in length, and begin to walk slowly. Focus on the experience of walking. Put your mind down into your feet, and focus on the sensations of walking, like the feeling of the ground on your feet, and the air against your skin.
- Progressive muscle relaxation - tense up particular muscle groups for a few seconds, and then release the tension. This type of mindfulness is particularly helpful for muscle groups that receive a lot of tension or stress throughout the day (eg shoulders and neck).
- Leaves on a stream - imagine you are sitting beside a stream, and watching as leaves float down the stream. For each leaf, place a thought or sensation on the leaf, and watch it float away down the stream. Really try to visualise the leaf flowing down the stream out of your view. This can be helpful for people who regularly experience thoughts or sensations that they find intrusive or uncomfortable.

Luckily there are a number of easy-to-access mindfulness resources. There are a number of videos on YouTube that guide you through a number of mindfulness activities. There are also a number of apps that you can use to help you. Smiling Mind is a free app that you can use for daily mindfulness practice. There are a number of courses you can do based on your needs, including mindfulness for sleep or mindfulness for students.

The Mental Health Impact of COVID-19 on Young People

Headspace recently released a report outlining the impact that COVID-19 is having on the mental health of young people. Young people reported that there was a significant impact. A survey was conducted with young people and 74% reported that their mental health had been negatively impacted since the start of the pandemic. Half of young people reported that they have concerns about achieving their future goals.

Thankfully, a positive to come out of this report was that a large majority of young people reported they have spoken to either friends or family, and that this has been a helpful strategy for most kids.

This shows the importance of maintaining social connections, and how continuing to stay connected to friends and family can have a positive impact on our mental health. The report also found that around two thirds of young people now feel more empathy and believe they are more compassionate towards others. If you want to read the full report, it can be found on the Headspace website.

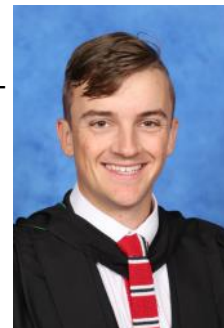
Mr Mitchell Barnes
Educational Psychologist

PERFORMANCE NEWS

Talent Quest

Congratulations to all the students who made the final performances/acts for the Talent Quest last term. The Talent Quest (COVID-style) featured videos from each act and they were streamed to the students via Zoom during the last period on the last day of Term 3.

The students were also treated to a guest performance from Foundation Headmaster Dr Quarmby, who sent in a video of himself playing bass guitar.



The judges (Grace Harper - 2019 winner, Mrs Harris - Science Laboratory Assistant and Mr Cassidy - TAS Teacher) adjudicated in the Warne Auditorium and in a first for the WAC Talent Quest, the students watching had an opportunity to vote for their favourite performance.

Each student and teacher could cast one vote. After the judges deliberated and 873 votes were cast in five minutes, the winner was declared.

Congratulations again to Beni Meier-Kapavale from Year 11.

Musical

As a result of COVID-19, the College Musical (Bring It On) was intended to be held in Term 2, 2020. The postponement of this has meant extending the rehearsals over a longer period of time.

Our intention is for the lead cast members to rehearse in small groups and with one-to-one coaching in Week 3, on Monday, 26 October, from 2.45 pm - 4.15pm. These students will receive an email and their names will be in Broadcasts over the course of next week.

Performance Groups/Ensembles Term 4

As we begin Term 4, our Performance Groups and Ensembles have slight changes due to the ease in some restrictions. However, the majority of groups and ensembles remain the same, in both the places they rehearse/meet and the manner in which they attend. Please see the table below, with small changes in bold.

Main points regarding the schedule include:

- Choirs will remain via online platforms (Seesaw - Primary Choir; Canvas - College Choir)
- Bands will have instruments return, with strict guidelines in place for social distancing purposes. They will also utilise percussion instruments, wherever necessary and rehearse outside in larger groups.
- All groups will continue to have students remain in their respective cohort/stage group for rehearsals, either on an alternate week basis or in separate rooms under supervision.
- Staff/Group Leaders will monitor student health, ensure students practise good hand hygiene and maintain respiratory hygiene. All equipment utilised (of the College) will be sanitised and cleaned when finished with.

PERFORMANCE NEWS CONTINUED...

Ensemble/ Group	COVID-Safe Requirements in addition to College wide COVID-Safe Measures	Amendments to Groups - Plan Moving Forward	Ensemble Leader to Contact
Primary Choir (3-6)	No singing in groups more than five	All rehearsal material is accessible via Seesaw Choir page	Mrs Apps k.apps@wac.nsw.edu.au
Primary Band (5-6 ONLY)	Wind instruments can be utilised with strict guidelines enforced with regards to social distancing	Students will be allowed to utilise wind and percussion instruments again	Mr McIntosh s.mcintosh@wac.nsw.edu.au
Primary Strings (3-6)	Students cannot mix across stage groups or year groups	Friday lunchtimes, Melba 4 Week A - Years 3 and 4 Week B - Years 5 and 6	Ms Bridge (Strings Tutor) Contact Mr Grant l.grant@wac.nsw.edu.au
Primary Dance (5&6 ONLY)	Students cannot mix across stage groups or year groups	Friday Lunch 1, Johnson Studio (Not offering to Years 3 and 4 at this stage)	Mrs Grant m.grant@wac.nsw.edu.au Miss Dewey c.dewey@wac.nsw.edu.au
Primary Drama (3-6)	Students cannot mix across stage groups or year groups	Tuesday lunchtimes, Cuthbert Years 3 and 4 - Miss Thompson Cuthbert 3 Years 5 and 6 - Mrs Aston Cuthbert 7	Mrs Aston j.aston@wac.nsw.edu.au Miss Thompson p.thompson@wac.nsw.edu.au
Art Club (7-12)	Students cannot mix across stage groups or year groups	Friday lunchtimes Week A and B - Years 7 and 8- Melba 3 Week A - Years 9 and 10 - Melba 2 Week B - Years 11 and 12 - Melba 2	Mrs Ware j.ware@wac.nsw.edu.au Mrs Taylor b.taylor@wac.nsw.edu.au
Photography Club (7-10)	Students cannot mix across stage groups or year groups	Monday afternoons Melba 2 - Years 7 & 8 Melba 3 - Years 9 & 10	Mrs Taylor b.taylor@wac.nsw.edu.au
College Choir (7-12)	No singing in groups more than five Students cannot mix across stage groups or year groups	All rehearsal material is accessible via Canvas Student Resources page (under Performing Arts)	Miss Nelson (Vocal Tutor) Contact Mr Grant l.grant@wac.nsw.edu.au
College Band (7-12)	- Wind instruments can be utilised with strict guidelines enforced with regards to social distancing - Students cannot mix across stage groups or year groups	Mixture of Percussion and Wind Instruments rehearsals Week A - Years 7 and 8 under S2S Shelter Week B - Years 9 and 10 under S2S Shelter Years 11 and 12 in Melba 4	Mr Grant l.grant@wac.nsw.edu.au
College Strings (7-12)	Students cannot mix across stage groups or year groups	Thursday afternoons, 2.45 pm - 4.15 pm, Melba 1 Week A - Years 7 & 8 ONLY Week B - Years 9 & 10 ONLY (Not offering to Years 11 and 12 at this stage)	Ms Bridge (Strings Tutor) Contact Mr Grant l.grant@wac.nsw.edu.au
College Cheer (5-12)	Students cannot mix across stage groups or year groups	Wednesday afternoons Years 5 & 6 - Shoulder to Shoulder Shelter Years 7 & 8 - Johnson Studio Year 9 via Zoom from 3.00 pm (Not offering to Years 10-12 at this stage)	Ms Valente k.valente@wac.nsw.edu.au
Dance Company (7-12)	Students cannot mix across stage groups or year groups	Tuesday afternoons, Johnson Studio Week A - Years 7 & 8 Week B - Year 9 & 10 Years 11 and 12 via Zoom from 3.00 pm	Ms Valente k.valente@wac.nsw.edu.au

Mr Lloyd Grant
Acting Performance Coordinator T-12

LIBRARY NEWS

Book Week 2020

T-2 Book Parade Friday 23 October, 1.35pm. Tembo and Twiga, all of Kindergarten, Year 1 and Year 2 will take part in the Book Parade. Outside visitors will not attend this year. Students are to come to the College in their College sports uniform, as usual, and bring a costume they can change into themselves or put over their uniform.

The costume should be of a book character, or reflect the theme 'Curious Creatures Wild Minds'. Students can hold the book or a sign with the book title and author. Video and photos of the event will be made available to parents afterwards.

Years 3-6 Book Week Competitions - Weeks 1-3 of Term 4.

A range of tasks for each year group will be completed in Library Lessons with book prizes for the best entries.

Carnival Virtual Book Fair ON NOW!

Australian, family-owned company Carnival is supplying our "Virtual Book Fair" this year. Featuring high quality books, activities, stationery and fun stuff, all available online. An easy way to purchase Christmas presents and a great fundraiser for our College Libraries. The Virtual Fair is open now until Monday, 26 October. Visit <https://www.carnivalfairs.com.au/virtual> for details.

Mrs Justine Colombo
College Librarian



SECONDARY HOMEWORK CLUB

Please note that Homework Club recommences on Wednesday, 14 October for Years 7-12. Maybe you have noticed that you need to revise your notes and you have assessment items due in the coming weeks (EXAMS???). We encourage students of all year levels to attend Homework Club to make use of the generous guidance provided by teachers and past students.

Our final session for 2020 will be on Wednesday, 4 November (Week 4).

When:	Wednesday afternoons 3.00 pm - 4.30 pm
Where:	Flynn IRC and selected Flynn classrooms
What to bring:	Homework, tasks, puzzling questions, necessary equipment and a positive attitude! It is essential that you have a work plan for the time you attend Homework Club and are able to work productively on your own.
Transport:	Catch the late bus or organise pick up by 4.30 pm in the Melba carpark.
Contact:	Dr Bearlin, Mr Beckinsale, Mr Cassidy, Mr Stewart, Mr Shellshear & Mrs Talbot.

Dr Robert Bearlin
Secondary Homework Club Coordinator



SECONDARY SPORT

Term 4 WASP Programs

It is not too late to register for a Term 4 WASP Academy! This Term we have kicked off the three WASP Academy Programs for students in Years 3-9, with over 70 students currently registered. Each Sport has been split into smaller groups based on age, ability levels and numbers.

If you would still like to register for Week's 2-8 contact the Student Reception to pick up a Registration Form.

The WASP Academy Programs on offer are:

- Soccer (Football)
- Netball
- OzTag

House Activity Day

In Week 9 of last Term we held our very first 'House Activities Day'. This was a chance for Year Groups to participate in a range of fun games and activities. Given the number of cancelled sporting events we have had in 2020 due to COVID-19 it was a good opportunity for students to engage with their peers and staff beyond the classroom walls. It was a fantastic day with students participating within their House Groups for prizes.

Rather than prizes for performance or results, prizes were distributed to students who participated with enthusiasm, sportsmanship and applied themselves to each of the activities.

Term 4 Elective Sport

In Term 4, the Secondary Sport program has returned to a somewhat 'normal' elective based program. Students in Year 7-10 have all registered for a sport they would like to participate in for the duration of Term 4. Students have a range of opportunities including off-site and external provider run sports that meet the COVID-19 Guidelines, as well as a variety of on-site options.

Mr Mark Goldsbrough
Secondary Sports Coordinator



FLOWERS NEWS

Welcome to Term 4 everyone.

As we move into the warmer weather frozen juice cups will be back on the menu and hot chocolates will not be available.

The gluten free products available are Lasagna and Chicken Tenders. You can also order salads or a gluten free sandwich. The cold chicken we use is not GF. If you have any questions or would like to look at product labels for a special diet, intolerance or allergy please email me at c.richards@wac.nsw.edu.au.

Protect children's uniforms by purchasing an art smock from the Canteen. They are \$20.00 each and range in sizes from extra small to large. Sport socks are also available to purchase at \$10.00 a pair. Your child's teacher will advise if they are needed.

Please remind students in Years K-4 students to bring their lunch bag back to the Canteen at the beginning of Lunch 2 if they have ordered a frozen treat. We do not put these in the lunch bags. From time to time a child does not pick up their recess or lunch order. Please ensure your child is aware they have an order so that it is not left here at the Canteen.

Calling all volunteers - we need your assistance for Term 4, 2020 and moving forward into 2021. If you are available to join our fabulous team of volunteers please fill in a volunteer form and drop it into Student Reception or the Canteen. Hours can be flexible if you are unable to stay all day. Any help will be greatly appreciated.

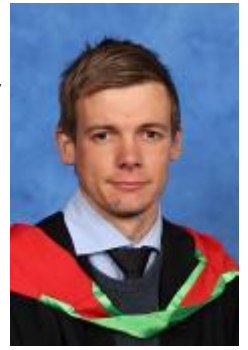
Mrs Carolyn Richards
Canteen Supervisor



PRIMARY SPORT

Students from the following year groups will be participating in the following sports skill development programs:

- K-2 students in Australian Rules Football provided by AFL NSW/ACT
- Year 5 students in football (soccer) provided by the Football Development Academy
- Year 6 students in cricket provided by Cricket NSW



Sportsperson of the week

Name: Riley Langtry

Age: 12

Favourite food: Chicken

Favourite colour: Purple

Who is your favourite athlete?

David Warner

What sport do you play?

Cricket

Who do you play cricket for?

Tahmoor

Why do you love sport?

I love sport because you can hang out with your friends in a friendly, yet competitive environment.

What is your best sporting memory?

Winning the indoor cricket grand final after being undefeated the whole season.

What is your favourite skill in cricket?

The skill of Batting because it is very fun stepping into the ball and hitting it. It is also my favourite because it is very satisfying doing a great hit.

Mr James Gooden

Primary Sports Coordinator



THE 2015, 2016 AND 2017 PERENNIALS ARE READY FOR COLLECTION!

We have exciting news, the 2015, 2016 & 2017 College Perennials are now ready for collection!

We are hoping to have 2018 & 2019 finished by the end of the year.

Students who were enrolled at the College in 2015, 2016 or 2017, may collect their family's copy from Student Reception.

There is a limit of one book per family at this stage.

If there are any books remaining after the initial collection, additional books may be purchased.

If your child is still at the College, they can collect the book from Student Reception.

If both of these options aren't feasible, please contact the College to arrange an alternative method.



COLLEGE PHOTO DAY - SPECIAL GROUP PHOTOS

Our Special Group photos are now available to view and order on The School Photographer website at www.theschoolphotographer.com.au.

Our Online Code is 20S1514PSB42W.

The following groups are available:

- College Captains
- College Captains & Prefects
- Secondary House Captains
- Primary House Captains
- College Cheer
- Dance Company
- Equestrian
- HICES Debating
- MISA Debating
- Primary Debating
- College String Ensemble
- Primary String Ensemble
- College Band
- Primary Band
- Vocal Ensemble
- Primary Choir
- Secondary SRC
- Streamwatch
- Primary Tournament of Minds
- Secondary Tournament of Minds
- Wollondilly Wildflowers

If you have any questions about the photos, please contact The School Photographer directly on their Customer Service number 9674 9824.

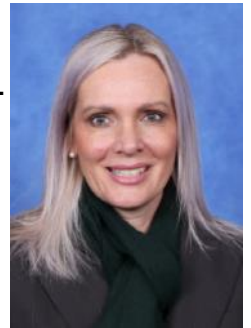
Mr Alex Hitchins
Development Manager

APPLICATION FOR ENROLMENT

Applications continue to pour in for 2021 and beyond, across all year groups, but especially our entry years of Transition, Kindergarten, Year 5, Year 7 and Year 11.

All current College families looking to enrol siblings for the coming years are encouraged to do so without delay to avoid disappointment.

Enrolment packs are available from the College Office or from the College website www.wac.nsw.edu.au



Mrs Kristy Biddle
Enrolments Officer

YEAR 5 2021 - LIMITED VACANCIES

With construction well underway for our new building, we are seeking applications for a limited number of vacancies for College siblings that would be interested in Year 5, 2021.

Our Middle Years program is designed to assist the students with a seamless Transition between the Primary and Secondary Years.

If this is of interest to you, please phone (4684 2722) or email (enrolments@wac.nsw.edu.au) our Enrolments team, alternatively, you can visit the College website to request an enrolment package <https://www.wac.nsw.edu.au/enrolments/enrolment-information/enrolment-application/>.

YEAR 7 2022 SIBLING APPLICATIONS

The Interim Headmaster is now reviewing places for Year 7 2022 siblings. Interviews will be commencing next week.

If your child is in this cohort, please send in their application ASAP to avoid disappointment.

If your child is already enrolled at the College, they do not need to apply.

Mrs Kristy Biddle
Enrolments Officer

T-4 Drop-Off and Pick-up

Parents and Carers of Junior Years students (T-4), who need to leave their vehicles to pick up children are requested to please wear a mask, maintain physical distancing, not congregate together and depart in a timely manner.

Please Note:

A reminder to parents and grandparents; please DO NOT park in the designated "Staff Parking" Area in the corner near the Deakin Admin Building at any time.

Thank you

SCHOLARSHIPS 2022/2023

I am delighted to advise that the Wollondilly Anglican College Scholarship Program will be opening soon for academic and creative arts scholarships commencing in 2022.



The College Headmaster may award a number of scholarships offering partial fee remission for each year in the areas of Academic, Music and Dance. Most scholarships will be awarded for two years and are conditional on the continuation of the relevant criteria being met. They will be available to students currently enrolled at the College or at other schools. Students who are studying in Years 6, 8 and 10 in 2021 may apply for a scholarship as they enter their next stage of learning.

Application Process for Scholarships

Academic Scholarships

- Complete the scholarship application form and return it to the Enrolments Officer, Mrs Kristy Biddle with the supporting portfolio.
- Complete the online application with ACER at <https://scholarships.acer.edu.au>. (Parents will need to create a Parent Account, from which they can register their child for the scholarship test at Wollondilly Anglican College. A \$100.00 application fee is also payable to ACER as part of the registration process).
- For Academic candidates, be available to complete the scholarship test on Saturday, 27 February 2021.

Music and Dance Scholarships

- Parents should complete the scholarship application form and return it to the Enrolments Officer, Mrs Kristy Biddle, with the supporting portfolio.
- Music/Dance scholarships need to be accompanied by a scholarship application processing fee of \$100.00.
- Short listed students will be required to audition before a panel at a later date to be confirmed. There will not be an additional audition fee.

Applications will open on Tuesday, 29 September 2020 and will close on Friday, 5 February 2021. The closing date is final and late applications cannot be accepted.

A comprehensive information pack and application form is available for download from the College website. Alternatively, all information and forms are available from myself at the College Office.

Should you have any further general queries, please do not hesitate to contact me on 4684 2722 or at k.biddle@wac.nsw.edu.au.

Mrs Kristy Biddle
Enrolments Officer

STUDENTS LEAVING AT THE END OF 2020

If your child will not be attending the College in 2021, please give written notice immediately so that your bond may be returned and to avoid Term 1, 2021 fees and charges as per the agreed Terms and Conditions of Enrolment.

Should you have any further general queries, please do not hesitate to contact me on 4684 2722 or at k.biddle@wac.nsw.edu.au.

Mrs Kristy Biddle
Enrolments Officer

Wollondilly Anglican College

-Order keepsakes featuring your child's artwork-



Greeting Cards - 8 Pack

- Beautifully presented quality A6 (155 x 110 mm) cards featuring your child's artwork per pack of 8 cards.
- Name and age as created by the artist is printed on the back of art cards along with the School/Centre name and/or Logo.
- Blank inside for your personalised message.
- Shrink wrapped in packs of 8 including red envelopes.

ORDERS CLOSE

Friday
30th
October

Celebrate your child's creativity by ordering keepsakes you'll treasure forever!

View your child's artwork and order keepsakes at:

www.crazycamel.com.au/27212

All orders will be processed and sent to the school after the closing date.

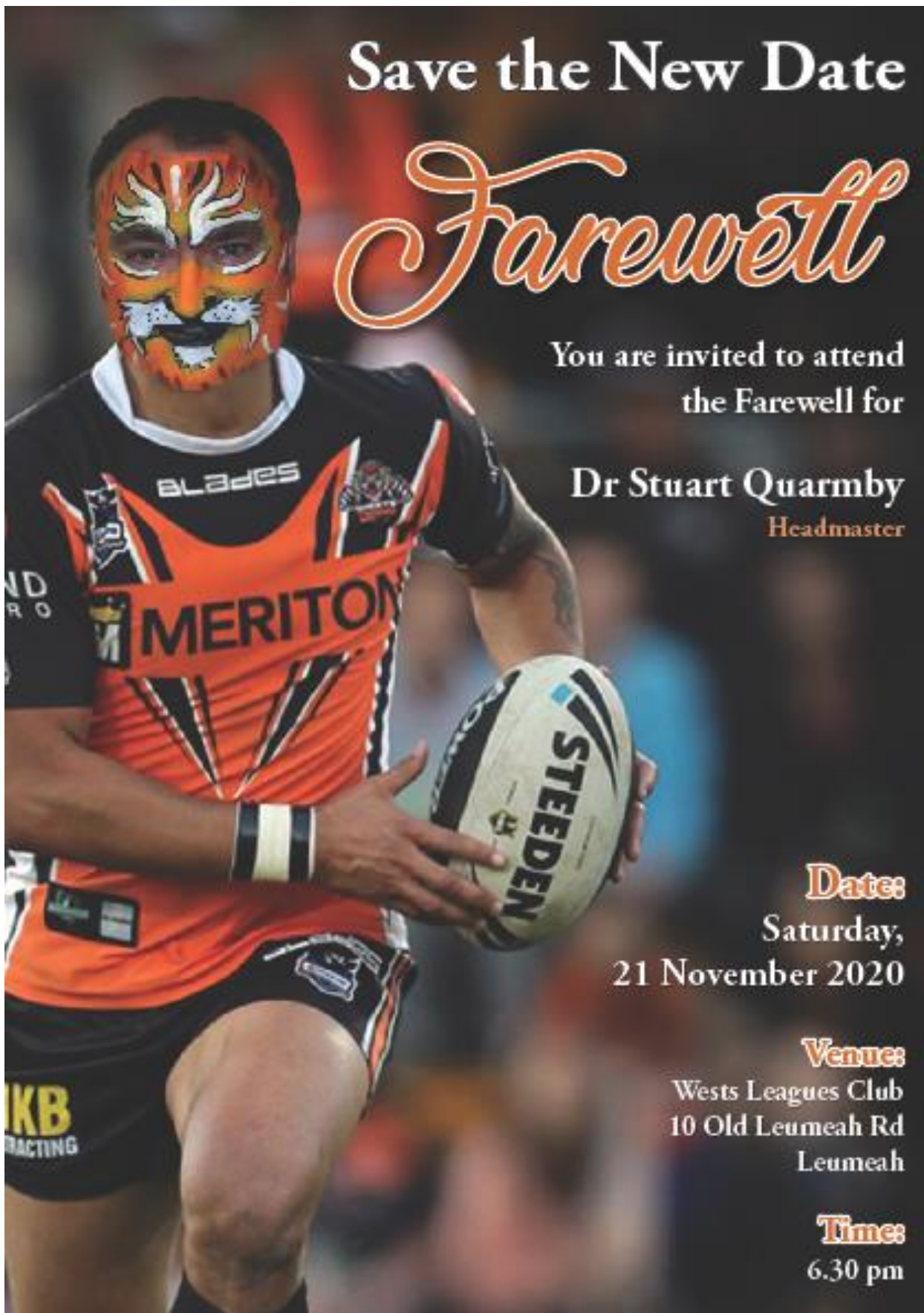
Child's details entered during purchasing will determine which artwork has been ordered.

Every purchase benefits your school!

SAVE THE DATE

Dear Parents

Dr Quarmby's Farewell Formal Dinner has been postponed to Saturday, 21 November. More details on how to book tickets will be available in coming weeks.



Save the New Date

Farewell

You are invited to attend
the Farewell for

Dr Stuart Quarmby
Headmaster

Date:
Saturday,
21 November 2020

Venue:
Wests Leagues Club
10 Old Leumeah Rd
Leumeah

Time:
6.30 pm

COMMUNITY

- **WAC Kids Care**

From time to time, families undergo trauma such as severe or terminal illness. There are short term **support structures in place at the College to assist families** during these times. The WAC Kids Care Program offers support to families in the way of meals. Please contact Mrs Hay or Mrs Rockwell at the College. Confidentiality will be respected. The College is accepting food donations towards the WAC Kids Care Meals Ministry.

WAC Kids Care

If you would like to practically support the WAC Kids Care Program, you are able to contribute food goods at any time.

The following items are very helpful when preparing meals:

Rice, Pasta, Noodles and Lentils
Tinned Vegetables eg Kidney Beans, Corn and Tomato
Sauces eg Passata, Sweet & Sour and Curry bases
Stock - Chicken, Beef, Vegetable
Flours + Gluten Free
Tinned and dried fruit
Eggs



All donations need to be within their **use by date**. Wish Cards or cash are also welcome which can be handed directly to the Office Staff.

Thank you to everyone supporting this ministry as we serve our Community.

Mrs Lisa Rockwell - WAC Kids Care Organiser

- **Council is running a workshop for parents teaching a learner to drive.**

When: Wednesday, 21 October

Wollondilly Shire Council has a FREE online workshop for anyone who is supervising a learner driver in NSW. This two hour workshop starting at 7.00 pm is to help make the process smoother and easier when teaching someone to drive.

To register - <https://www.eventbrite.com.au/e/119957864201>

- **Priceline Pharmacy Tahmoor (Tahmoor Town Centre) are offering:**

Work experience opportunities to students

Student discount available

Or more information, please contact 4681 8713

- **St Saviours - Out of Home Care Program**

Seeking additional foster carers

For more information, please contact Michelle on 0417 283 978

Please note that the above is a service to the Community and items advertised do not necessarily carry the endorsement of the College. The College tries to be selective with what is advertised but cannot take responsibility. Please look into events advertised carefully.

Clothing Pool is open every morning!

7.45 am to 8.30 am

Come and visit the Clothing Pool to find some great bargains on quality used second hand uniforms.

There is a wide selection to choose from, for Prep through to Senior Uniforms including Hospitality Uniforms too.

We accept EFTPOS and cash payments.

If you can spare one hour in the morning, we require another volunteer to work Tuesday or Thursday. Please contact Melissa if you are able to assist in volunteering on 0415 402 013.

Thank you for your donations, keep them coming in!

Mrs Melissa Whishaw
Clothing Pool Coordinator
WAC P&F



2020 Wollondilly Anglican College P&F Golf Day

It is with much disappointment that we announce that the 2020 Wollondilly Anglican College Annual P&F Golf Day which was to be held on Wednesday, 28 October is cancelled for this year.

Unfortunately with the current restrictions we were not able to run the day as usual.

Please keep Wednesday, 27 October 2021 free in your diary for next year's event.

Sponsorship 2020

...friendraising and fundraising



Diamond	
	Bradcorp Ph: 02 9238 8047
Double Gold	
	Anytime Fitness Tahmoor Ph: 02 4683 2297
	Hume Building Ph: 02 4630 8967
	Simec Mining Ph: 02 4640 0100
	Stanton Dahl Architects Ph: 02 8876 5300
Gold	
	Best Practice Commercial & Accounting Services Ph: 4677 0361
	Carpenter Partners Real Estate Ph: 4683 1293
	Glitz n Glamour Photography Ph: 4626 1911
	Ken Shafer Smash Repairs Ph: 1300 011 022
	Hills Commercial Cleaning (QUEDOS) Ph: 9526 0746
	Narellan Pools Ph: 1300 676 657
	Taverner Landscapes Ph: 4684 2413
	Thomton Bros Roses Ph: 4683 1062
	Kwik Kopy Macarthur Ph: 1300 251 787
	House Warehouse Tahmoor Ph: 4683 3111
	Little Elves OOSH Ph: 0487 000 245
	Little Elves Childcare Ph: 4684 3124
	NU-Era Homes Ph: 4655 9977
	Oxley Butchery Ph: 4661 1570
	Hume Building Ph: 02 4630 8967

Thank you to our Diamond, Double Gold and Gold Sponsors shown above. We also thank our Bronze Sponsors who will be advertised on the College website on the Sponsors' Page along with the above. If you would like to sponsor the College, please contact Mr Bill Norman (P&F President) or Mrs Deborah Cook in the College office.

INTERIM HEADMASTER HAPPENINGS



Thursday, 15 October	Meetings Student Interview
Friday, 16 October	Meetings with Staff Meeting Gen Manager West Tigers
Monday, 19 October	Assembly Meetings with staff Site Meeting
Tuesday, 20 October	Meetings with Staff Student Interview
Wednesday, 21 October	Meetings with Staff Exec Meeting Heads' meeting with Archbishop (Zoom) College Council Meeting

ONLINE CHURCH SERVICES

Most churches are hosting services and Bible study groups online; it's a big change. Please see below links:

- Austinmer Anglican Church Online - <https://www.youtube.com/watch?v=bQkg5CQlaD0>
- C3 Wilton Church Online - <https://www.youtube.com/channel/UCZvjF337DgiG5kiZF81Kfnw/featured>
- Picton and Wilton Anglican Church - <http://pwac.org.au/pwac-online/>
- Bowral Anglican Church - www.bowralanglican.org.au
- Wollondilly Anglican Church - Pre-recorded services via Facebook page
- Tahmoor Baptist Church - On website through Zoom
- Wollondilly Presbyterian - Via Facebook page - Streamed Service
- St Jude's Church, Bowral - <https://vimeo.com/399339398> & Kids' Spot - https://www.youtube.com/playlist?list=PLjV8-_JhIKUz93R4O0OzsWCYfAMf2mej1
- Campbelltown Christian Community Church (C4) - Search C4Minto - YouTube
- Menangle Anglican Church - <http://www.menangleanglican.com.au/>
- Mittagong Anglican Church - <https://www.youtube.com/user/mittagonganglican>

PRETEND HEADMASTERS



Pretend Headmaster - Isabel Opat (KJ) giving our College Community a big warm welcome to Term 4.

Reminder to all students that Summer uniforms are to be worn and the importance of following our uniform guidelines as outlined in the diary.

Prayer Points

Prayer Points from Kevin and Karen Flanagan with the Christian Missionary Society in Tanzania:

Please thank God for:

- For the nation wide evangelistic meetings this September.
- Those who were saved and dedicated their lives to Jesus.
- His continued protection from COVID-19.

Please ask God that:

- Those who were saved would grow to maturity in their love and dedication to Jesus.
- The village seminars and training courses in late September and October would all come to fruition.

College Prayer Points:

Please Thank God:

- For the holiday break and the safe return of our students and staff.
- For the continued growth in our enrolments.

Please Ask God

- For comfort and support for the staff, students and parents at John Therry Catholic College following the loss of one of their Year 12 students during the holidays.
- For comfort and support for Mrs Emily Hazlewood, her children Kiara, Elijah, Elliana and Malachi, as well as the WAC community as we remember the anniversary of Mr Hazlewood's accident.
- For calmness and composure for our Year 12 students as they sit their HSC examinations.
- For a safe and productive Term 4 for our students and staff.

Psalm 127:1 Unless the Lord builds the house, its builders labour in vain.

Excellence, Endurance, Eternity.

