



THE WARATAH WEEKLY

Begin with the End in Mind



Leadership Part 3/4

Having established the scaffold for leadership being Service, Authenticity and Adaptability (or Situational), and last week beginning on a series of leadership tips to keep in mind, here is the next instalment of tips before the end of the series next week.

7. **Front Door/Side Door/Back Door:** There are three ways of tackling issues - through the front door (direct conversation - either personally or through a supervisor), through the side door (a general memo which outlines the issue and which you hope the person who needs to read it will read it and respond appropriately), or through the back door (using carefully hatched plans and tactics). If in doubt - use the front door. If you think the side door is best, use the front door. If you think the back door is best, use the side door (In this case, mostly you will regret not using the front door).
8. If you are a leader: **Not everyone will like you.** This is a bitter pill to swallow, especially for those who, as bright-eyed and bushy-tailed graduates, enter a profession like teaching, nursing or psychology, where the primary aim and motivation is to help people and to make them happy. Doing what is popular is not always right. Doing what is right is not always popular. At any one time, despite your best, prayerful, efforts, 2% of staff will hate you; 1% of parents and students will hate you. That's if you are lucky. Get used to it and get over it! Sometimes your job is to keep everyone equally unhappy.
9. **Good leaders were once good followers.** Following is a skill. Great followers seek to understand leaders so that they can be affirming and supportive. Start by turning up. Don't wait by the phone for an invitation to lead a multi-million dollar organisation if you have a track record of short-cuts and temper tantrums. Even as a leader, you are also a follower. CEO's must look after the Board. It is a paradox that you must lead those who lead you. Take every opportunity to share significant achievements with "we" statements rather than "me" statements.
10. **God opposes the proud and gives grace to the humble.** Everybody has something to teach me - in that I learn of them. If your actions speak louder than words - don't interrupt! Leaders should take every chance to reflect on the achievements of those they lead.
11. **Are you building a cathedral;** or just laying bricks - one on top of the other. A worker is told of a Bishop who visited some workers building a Cathedral. One very slow and shoddy was grumbling about the heat, the pay and the blisters. A second worker nearby was whistling and taking obvious care and joy in the task at hand. That very day, one of them was promoted.
12. Some people have a tendency to turn misconception into gossip. **Often you are the victim.** Get used to it. Don't defend it. Instead, live a life so worthy that no-one will believe it. Some mud will inevitably stick but when the sun rises on a new day, you are still the leader and they are still a gossip.
13. **Keep your sense of humour.** Leadership can be a serious business - but that does not mean that you need to take yourself too seriously. Learn to laugh - even better learn to laugh at yourself. Keep your sense of humour: There will be days when this is all you will have left.

Smile



FROM THE DEPUTY'S DESK



How Empathy Transforms Your Child's Wellbeing

The hardest part of parenting is responding appropriately when children and young people struggle or become upset. Parents use two common responses that are usually ineffective.

One ineffective response is to dismiss their struggles. This happens when we are too busy to notice what's happening with our kids. We can also dismiss their struggles due to impatience or frustration.

The second response is to show sympathy when a child or young person experiences difficulty, disappointment or hurt of some kind. Sympathy is a natural reaction but it doesn't really help a child. We can become maudlin, sad and upset when a child needs us to be strong.

It's completely normal for us as parents to feel frustrated, even if our kids are upset, and wonder when the lessons will be learned. And it's completely fair to have those conversations....again. But before we do that, there's a handful of words that we need to share. A handful of words that, when shared with sincerity, can have the most powerful impact on the emotional health and happiness of our kids over their lifetime.

The words? They're the ones that deliver a message of warmth and empathy. Empathy can change the nature of our family relationships, boost our kids' mental health, develop their emotional intelligence and promote warmer healthier, and even less violent, relationships for our kids as young adults. Kids with more empathetic parents are less aggressive, experience less depression, develop greater emotional intelligence (a predictor of success) and grow up to be more empathetic themselves.

Empathy is defined as experiencing emotions of concern at the suffering of others and adopting the perspective of another. It's different to sympathy which is feeling sorry for someone. It's about demonstrating our concern and letting our kids know we get it. That we feel it too.

We can show empathy by saying things like:

"I get it."

"I hear you."

"Ahh, I can see that you're feeling....."

"I understand."

Pairing your words with a matched emotional response, love, comfort, warmth and a willingness to sit with them as they express their emotions shows our kids we get it and validates for them that they have every right to feel the way they do. After all, there's no such thing as wrong feelings. We can't help how we feel about the things that happen to us, neither can our kids. We don't need to agree with how they feel, nor do we have to view their reaction as a reasonable response to what's happened. It's all about showing our kids that their message has been received, and that they have a soft place to land. The conversations can come later.

Validation is an important step in our response to our kids when they're upset, distressed or anxious. (Source: *Dr Jodi Richardson parentingideas.com.au*)

Year 9 Subject Selections for 2021 are currently open and will close on Friday, 26 June

<https://spring.edval.education/login>

Year 11 Subject Selections for 2021 close on Friday, 19 June

<https://spring.edval.education/login>

Acacia Flag Raising - Friday, 19 June Lunch 2

Congratulations to Acacia for winning the Foundation Day point score.

On Friday all Acacia students (K-12) will be able to wear their Acacia House shirt as well as their full College track suit for the day.

The Flag Raising will occur on Friday at the start of Lunch 2.

Mr Ian Croger
Deputy Headmaster

PASTORAL CARE T-12



Foundation Day Activities

Below are the point scores for each House relating to the points they accrued during the activities that took place on Foundation Day. Congratulations to all House groups for their positive participation on the day.

Acacia are the Foundation Day Activity Champions for 2020. A reminder to all Acacia students that they are permitted to wear their House (Yellow) Shirt and PE/Sports Tracksuit to the College on Friday, 19 June for the day. There will be a Flag Raising and Ice Block for all Acacia students at the start of Lunch 2.

House	Points
Acacia	1812
Sollya	1786
Wollemi	1775
Grevillea	1773
Telopea	1712

Mr Liam Toland
Director of Pastoral Care T-12



SECONDARY SPORT

Tuesday Sport

In Weeks 9 and 10 we will be preparing for a return to our normal Sports Program in Term 3. This means that MISA Trials will take place across 10 sports/teams. The following sports will be on offer:

Girls' Netball	Years 7/8 and Years 9/10
Girls' Soccer	Years 7-9
Boys' Soccer	Years 7/8 and Years 9/10
Boys' Rugby League	Under 15's
Boys' and Girls' AFL (not mixed)	Years 10-11
Girls' Softball	Years 10-11
Boys' Cricket	Years 10-11

WASP - Wollondilly Anglican Sport Performance Academy

The WASP Academy is making a return for Term 3! We will be running three programs - Netball, Soccer and Long Distance Running (Cross Country). Further details and registration forms for Years 7-9 students will be made available in Weeks 9/10. These **MUST BE RETURNED** by the end of Term 2.

For Term 3 this is only open to Years 7-9. However, any additional Year 10-12 students interested in participating in the Cross Country Program please speak directly with Mr Goldsbrough about your possible inclusion.

MISA Uniforms

We are very blessed to have quality playing jerseys and uniforms for our Representative teams. There are still numerous students who have not returned items from earlier this year.

A reminder that any student who doesn't return a uniform will not be permitted to trial for Term 3 MISA teams and will have the cost added to their next College fee account. To avoid this please return all uniform items ASAP.

Mr Mark Goldsbrough
Secondary Sports Coordinator

PASTORAL MATTERS - JUNIOR YEARS T-4



Students in Stage 2 recently completed a survey on transitioning back into the learning routine for Term 2. They were asked several key questions amongst others. One included sharing their experiences of Off-Campus Learning and how they felt in navigating their way through the online learning platform. Another focused on their friendships, if these had changed and if the changes were positive or negative. What resulted from their responses were the majority of students demonstrating strong resilience to adapt and overcome.

But what about the children who are still struggling to find their place? For some, the normal College drop off has become a major hurdle. Simple things like getting out of the car and into the playground has become a huge ordeal. Tears are frequent, as is the ongoing complaint of a sore tummy.

There are many reasons for these responses. Some may include navigating changes to normal routines, separating from parents, worrying whether they or a loved one may become sick, working through changes in friendships or developing a general dislike for school.

If this sounds like something you are experiencing with your child, it is important you communicate this to your child's teacher or relevant Pastoral Care Coordinator, so we can work together to address any issues.

Ways to support your child:

- Maintain regular routines and rituals where possible - setting realistic expectations, giving notice of changes to routines.
- Help to regulate their emotions - self regulate, practise mindfulness, breathing.
- Look for changes in their behaviour - unmotivated, tired, withdrawn, moody, loss of appetite, lack of concentration, feeling unwell.
- Play with them - play helps them feel connected, valued and accepted.

The following websites may also provide some helpful tips;

<https://beyou.edu.au/>

<https://emergingminds.com.au/resources/supporting-children-during-the-coronavirus-covid-19-outbreak/>

<https://kidshelpline.com.au/coronavirus>

General Playground Behaviour K-4

Students have been reminded of their responsibility in following College expectations and ensuring their behaviour is reflective of these. Teachers have been proactive in encouraging students in K-4 to Be Safe, Be Respectful & Cooperative and Be a Learner.

There are times when staff may need to communicate concerns to parents via the student diary. I know personally, on occasion feedback like this may put us on the defensive. Particularly so if we confront our children and they plead their innocence, 'I didn't do anything, it wasn't my fault, they started it'.

As parents, we know there are times when children "forget" to include key details in their recounts and their interpretation often gives a different perspective to what may have occurred. It is important we are able to work together as a College community to support your children.

Mrs Lisa Maher

Pastoral Care Coordinator T-4

PERFORMANCE NEWS



Get Involved In Performance!

All of our ensembles are now rehearsing in their normal rehearsal times, with a few extra precautions being taken to encourage social distancing and good hygiene.

Ensembles are now working towards upcoming performances. Ensemble members should ensure that they attend each rehearsal.

Ensemble Name	Eligible Students	Rehearsals	Ensemble Leader
Musical	All students in Years 5-11 in the year in which the musical is performed.	Monday afternoon, Warne Auditorium (and various) 2.35 pm - 5.30 pm Terms 1 and 4	Mrs Talbot
Primary Choir	All students in Years 3-6	Monday lunchtime, Melba 1	Mrs Apps
Primary Band	All students who play a band instrument or percussion in Years 5-6.	Wednesday afternoon, Melba 4 until 3.30 pm	Mr Denley
Primary Strings	Students in Years 3-6 are invited to participate in this ensemble after demonstrating both skill and dedication either through the Stage 2 or Stage 3 Strings Program or private tuition.	Friday lunchtime, Melba 4	Ms Bridge
Primary Dance	All students in Years 3-6	Friday lunchtime, Johnson Studio	Mrs Grant
Primary Drama	All students in Years 3-6 (numbers may be limited)	Tuesday lunchtime, Cuthbert (Mondays in Term 1)	Mrs Aston
Art Club	All students in Years 7-12	Friday lunchtime, Melba 3	Mrs Ware and Mrs Taylor
Photography Club	All students in Years 7-12	Online only at this time (see the 'Photography Club' section of the '7-12 Student Resources' Canvas course)	Mrs Taylor
College Choir	All students in Years 7-12	Monday lunchtime, Melba 1	Miss Nelson
College Band	All students who play a band instrument or percussion in Years 7-12.	Tuesday afternoon, Melba 4 until 4.15 pm	Mr Grant
College Strings	All students who play a string instrument in Years 7-12.	Thursday afternoon, Melba 4 until 4.15 pm	Ms Bridge
Dance Company	Selected students from Years 7-12 who display outstanding dance technique and performance quality (based off audition).	Tuesday afternoon, Johnson Studio until 4.15 pm	Miss Valente
College Cheer	All students in Years 5-12	Wednesday afternoon (Primary until 3.30 pm, Secondary until 4.15 pm), Johnson Studio	Miss Valente
Didgereedoo	Interested male students in Years 7-12	Wednesday lunchtime, Melba 1	Mr Denley
WAC Crew	All students in Years 7-12	On the job training at events	Mrs Talbot (<i>Student Leaders: Abby Cupitt</i>)
Set Design	All students in Years 7-11	Monday Afternoon, Terms 1 & 4, Melba 3 until 4.15 pm	Mrs Ware and Mrs Taylor

Mrs Sarah Talbot - Performance Coordinator T-12

TAS NEWS

Year 11 Design and Technology

Year 11 Design and Technology students have just begun work on their second project for the year. The second design brief that students are addressing in the final stages of their preliminary course is that they must design a 'product, system or environment' that can be used to help teach an educational outcome in the Transition program at the College.

This involved the students spending some of their class time researching elements such as what current toys the Transition students have access to, what educational outcomes do these students hope to learn and also how do the Transition students at the College engage in the learning experience.

After their initial research, students will go away and further investigate possible options to explore, while also considering factors such as ergonomics, safety constraints and time frame they have to develop their item. We look forward to seeing what they design.

Year 11 Hospitality

Year 11 Hospitality students have just started a new topic of competency called 'Prepare and present simple dishes'. In this unit of competency students investigate dishes that are often served at cafes and restaurants as light lunches, are quick and simple to make, but also develop their skills in time management. These include how to make a marinade, how to develop a coating and batter, how to rethermalise food and also how to present several elements to a dish.

This week students made their own dough and learnt the fine art of pasta making. Students experienced the patience needed to make pasta from scratch, learning how to hang it up to dry appropriately, followed by cooking the pasta with an appropriate sauce and garnish.

Mrs Kelly Evans
TAS Coordinator



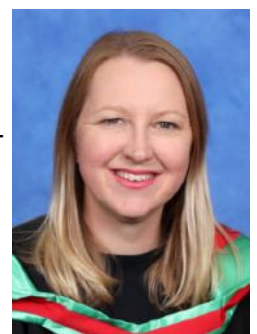
LIBRARY NEWS

Book Club Issue four orders due Sunday, 21 June

The Book Club catalogue is back! All orders are to be made online or through the LOOP app, see the catalogue for details. For Secondary, Book Club catalogues are available in Johnson, Flynn and Student Reception.

Choose the class 'Secondary' when ordering. Orders due Sunday, 21 June.

Mrs Justine Colombo
College Librarian



PRIMARY SPORT

Match Results

Soccer

Wollemi 5 vs Telopea 2
Grevillea 0 vs Sollya 3
Acacia 2 vs Grevillea 2
Sollya 6 vs Telopea 1

Goal

Wollemi 6 vs Telopea 6
Grevillea 1 vs Sollya 12
Acacia 3 vs Grevillea 2
Sollya 5 vs Telopea 2

Netball

Wollemi 4 vs Telopea 3
Grevillea 10 vs Sollya 11
Acacia 0 vs Grevillea 6
Sollya 12 vs Telopea 12

Modified Oz-Tag

Wollemi 6 vs Telopea 2
Grevillea 1 vs Sollya 4
Acacia 1 vs Grevillea 3
Sollya 6 vs Telopea 1



Match Reports

In the Gaol competition, there was a deluge of points to be had in Sollya's hurricane force 12-1 demolition of an ailing Grevillea. A thunderous performance from Bawden siblings, Noah and Rachel, featured in a blue inundation of a maroon side that was unsuccessful in their attempt to hunker down and wait out the storm, only to realise too late they were being taken far out to sea. An ever optimistic Alyssa Keaney remains hopeful that her embattled Grevillea will fare better next season.

Points were up for grabs as the Sollyan and Telopean netball sides traded blows in an unbelievably high scoring 12-apiece draw. Jema Palenzuela provided backbone to a frantic Blues side anxious to keep pace with the fire power of imperturbable Telopeans, Grace Donaghey and Isabella Morgan. The girls in red continue the noble mission to redeem the pride of the Waratah and have all but guaranteed a berth in the netball finals.

Points came by the bushel in a productive 6 -2 win for the Wollemi Oztag side over Telopea. Arnhem Coles was seen to roll over the opposition with his machine footwork, resembling a John Deere header gathering grain on some distant black soil plain. Layla Turner continues to put her shoulder to the plow, ensuring the Greenies will reap dividends come finals. A defiant Jemima Warland gave a Churchillian defensive effort to save countless tries. Alas, there was no miracle of Dunkirk for Telopea this time.



Ever-steady clubman Harry Boland of the Acacian soccer team featured in a 2-2 draw with Grevillea. A last ditch goal ensured the Golds didn't finish the round with empty pockets. The stamina and attacking pressure of Lachlan Cook continues to steer the Grevillian ship as they endeavour to substantiate their bid for the finals.

Mr James Gooden
Primary Sports Coordinator



CALLING ALL ALUMNI

If you or your child are a past Year 12 student of the College, we would love to stay in contact with you!

Towards the end of the year, there will be an opportunity for our Alumni to reunite at a local venue, to catch up and brainstorm ideas for how we can support our Alumni and how our Alumni can support our College Community.

To help us stay connected with you, head over to the College website and click on the Alumni tab under community on the home page or click on the following link: <https://www.wac.nsw.edu.au/community/alumni/alumni/>

Mr Alex Hitchins
Development Manager

TRANSITION

As the end of another Term approaches, it has been wonderful to reflect on the students' many successes and experiences. We have had a wonderful few weeks exploring our community. Transition have had a visit from Nurse Sally to show us how she helps people when they are sick at the College. Constable Mark visited and told us about his job as a policeman. He showed us all the different things he carries on his belt.



Next we had a visit from Jake the paramedic who brought his ambulance and we got to see all the things he has inside to help people. Mason got put on a machine that checked his heart. Jake said he had a good heart beat. Finally, this week the RFS visited and we got to look at the fire truck and have a turn holding the fire hose. It was so fun spraying the water. We learnt that the RFS do so much more than just put out bush fires.

Mrs Anita Belusic & Mrs Melanie Grant Transition Teachers



APPLICATION FOR ENROLMENT

Applications continue to pour in for 2021 and beyond, across all year groups, but especially our entry years of Transition, Kindergarten, Year 5, Year 7 and Year 11.

All current College families looking to enrol siblings for the coming years are encouraged to do so without delay to avoid disappointment.

Enrolment packs are available from the College Office or from the College website www.wac.nsw.edu.au

Mrs Kristy Biddle
Enrolments Officer



COMMUNITY

- **WAC Kids Care**

From time to time, families undergo trauma such as severe or terminal illness. There are short term **support structures in place at the College to assist families** during these times. The WAC Kids Care Program offers support to families in the way of meals. Please contact Mrs Hay or Mrs Rockwell at the College to assist. Confidentiality will be respected. The College is accepting food donations towards the WAC Kids Care Meals Ministry. Please see the list below:

WAC Kids Care

If you would like to practically support the WAC Kids Care Program, you are able to contribute food goods at any time.

The following items are very helpful when preparing meals:

Rice, Pasta, Noodles, Lentils and Quinoa
Tinned Vegetables eg Kidney Beans, Corn and Tomato
Sauces eg Passata and Sweet & Sour
Stock - Chicken, Beef, Vegetable
Flour, Salt and Pepper
Tinned and dried fruit
Eggs

A basket is located at Student Reception. Wish Cards or cash are also welcome which can be handed directly to the Office Staff. All donations need to be within their **use by date**.

Thank you to everyone supporting this ministry as we serve our Community.

Mrs Lisa Rockwell
WAC Kids Care Organiser



P&F Clothing Pool

The Clothing Pool is open on the following days from 7.45 am to 8.30 am. If you have any enquiries, please contact Melissa on 0415 402 013.

Monday
Tuesday
Wednesday
Friday

Location Side windows of White Cottage - Opposite FLOWERS Canteen





Payment Options EFTPOS or Cash

Parents' & Friends' Association

Sponsorship 2020

...friendraising and fundraising



Diamond	
	Bradcorp Ph: 02 9238 8047
Double Gold	
	Anytime Fitness Tahmoor Ph: 02 4683 2297
	Hume Building Ph: 02 4630 8967
	Simec Mining Ph: 02 4640 0100
	Stanton Dahl Architects Ph: 02 8876 5300
Gold	
 <i>Commercial and Accounting Services</i>	Best Practice Commercial & Accounting Services Ph: 4677 0361
	Carpenter Partners Real Estate Ph: 4683 1293
	Glitz n Glamour Photography Ph: 4626 1911
	Ken Shafer Smash Repairs Ph: 1300 011 022
	Hills Commercial Cleaning (QUEDOS) Ph: 9526 0746
	Narellan Pools Ph: 1300 676 657
	Taverner Landscapes Ph: 4684 2413
	Thomson Bros Roses Ph: 4683 1062
	Kwik Kopy Macarthur Ph: 1300 251 787
	House Warehouse Tahmoor Ph: 4683 3111
	Little Elves OOSH Ph: 0487 000 245
	Little Elves Childcare Ph: 4684 3124
	NU-Era Homes Ph: 4655 9977
	Oxley Butchery Ph: 4861 1570
	Hume Building Ph: 02 4630 8967

Thank you to our Diamond, Double Gold, Gold and Silver Sponsors shown above. We also thank our Bronze Sponsors who will be advertised on the College website on the Sponsors' Page along with the above. If you would like to sponsor the College, please contact Mr Bill Norman (P&F President) or Mrs Deborah Cook in the College office.

HEADMASTER HAPPENINGS



June

Thursday, 18	Staff - Zoom Meetings
Friday, 19	Staff - Zoom Meetings Junior Chapels
Saturday, 20	Wests v Cowboys at Campbelltown
Monday, 22	Staff - Zoom Meetings Senior Chapel
Tuesday, 23	Staff - Zoom Meetings
Wednesday, 24	College Exec Meeting Staff - Zoom Meetings TASC Heads - Zoom Meeting (Evening) College Council
Thursday, 25	Staff - Zoom Meetings Middle Chapels (Evening) Church Meeting
Friday, 26	Staff - Zoom Meetings
Sunday, 28	Tigers v Bulldogs at Bankwest

ONLINE CHURCH SERVICES

Most churches are hosting services and Bible study groups online; it's a big change. Please see below links:

- Austinmer Anglican Church Online - <https://www.youtube.com/watch?v=bQkg5CQlaD0>
- C3 Wilton Church Online - <https://www.youtube.com/channel/UCZvjF337DgiG5kiZF81Kfnw/featured>
- Picton and Wilton Anglican Church - <http://pwac.org.au/pwac-online/>
- Bowral Anglican - www.bowralanglican.org.au
- Wollondilly Anglican church - Pre-recorded services via Facebook page
- Tahmoor Baptist Church - On website through Zoom
- Wollondilly Presbyterian - Via Facebook page - Streamed Service
- St Jude's Church, Bowral - <https://vimeo.com/399339398> & Kids' Spot - <https://www.youtube.com/playlist?list=PLjV8-JhIKUz93R4O0OzsWCYfAMf2mej1>
- Campbelltown Christian Community Church (C4) - Search C4Minto - YouTube
- Menangle Anglican Church - <http://www.menangleanglican.com.au/>
- Mittagong Anglican Church - <https://www.youtube.com/user/mittagonganglican>

PRETEND HEADMASTERS



Pretend Headmasters - Laila McIntyre (KH), Vivienne Lightfoot (KH) and Oliver Lee-Scott (KH) would like to remind our families to drive with care while in the College carparks.

Prayer Points

Please thank God:

- For the capacity to initiate, grow, develop and nurture relationships with fellow travellers on the road of life.
- That we are surrounded by a staff and community of Cathedral builders (see editorial on front page).
- For a sense of humour.
- For our greatest asset here at the College - the parents, kids and staff.



Please ask God:

- To be with the leaders of our community, state and country as they make decisions that not everyone will agree with.
- That we might become better leaders as we become better followers of Christ.
- For humility - especially in achievement or victory: to remember in that moment that all things come from God.
- For patience as we wait for news of the process of finding a replacement College leader.

Psalm 127:1 Unless the Lord builds the house, its builders labour in vain.

Excellence, Endurance, Eternity.